



NOVA SCOTIA HEALTH RESPIRATORY VIRUS SAFETY PLAN Including Occupational Health, Safety & Wellness Guidance

Nova Scotia Health has developed a [Respiratory Virus Safety Plan](#) that must be followed by all team members, including students/learners. These measures are designed to protect our Health Care Team members, patients, essential care partners, learners and volunteers. If you are experiencing symptoms of COVID illness, follow the testing requirements as found on the [COVID-19 Status and Reason for Work Absence form](#).

Personal Protective Equipment Education for Students & Learners

Review the following documents/videos prior to beginning your placement at Nova Scotia Health. Depending on the unit/area you are assigned, you may be required to access different PPE and have basic knowledge of them.

- a) [Donning, Doffing and Storage of Healthcare Worker Procedure Masks](#)
- b) [PPE Donning/Doffing Instructions: Droplet/Contact Precautions \(Video\)](#)
Note: this video was created before NSHA implemented universal masking on April 7, but other than this step, the principles and process are the same.
- c) [Guide to Putting on PPE: Droplet and Contact Precautions](#)
- d) [Guide to Removing PPE: Droplet and Contact Precautions](#)
- e) [Do's & Don'ts: Gloves](#)
- f) [Do's & Don'ts: Gowns](#)
- g) [Do's & Don'ts: Masks & Face Protections](#)
- h) [Guidance for Wearing Respirators](#)
Note: students and learners who are not fit tested will not provide care in situations where N95 respirators are required, however this is useful information to review.
- i) [Spot the Trouble - PPE - Complete Video Series](#)