



Capital Health

Resident and Family Safety Information

*Safety is everyone's responsibility.
The purpose of this booklet is to make Residents and their
families aware of the role that they play in terms of safety
within Haliburton*



November 5, 2012

Infection Control:

Hand washing:

Hand washing with soap and water is the best infection control strategy for you, your family, visitors and staff. Please wash your hands before and after meal times and after going to the washroom. Encourage anyone entering your room to remember to practice good hand hygiene as well. You will also find alcohol hand sanitizer stations throughout the unit and building to support good hand hygiene practice.

Immunization:

The flu season generally runs from November to March. The influenza vaccine is offered to all individuals in the facility. We encourage family members, staff, and volunteers to receive the vaccine.

Respiratory etiquette:

Coughing and sneezing into your sleeve or a tissue is the best way to keep from spreading germs. Wash your hands after putting the tissue in the garbage.

Responsible visiting:

Residents, family members and other visitors should not visit residents if they are feeling ill (vomiting, diarrhea) or have symptoms of the flu (fever, cough, sore throat, generalized aches and pains).



Food Safety:

Personal fridges:

Personal fridges are permitted in your room, however the regular cleaning and maintenance is the responsibility of the Resident or the family. This includes making sure that food items are not expired.

Bringing food from home:

Food that is brought in from home may not be shared with other residents. Other residents may have problems with some foods or drinks. The resident or their family is responsible for the heating/preparing any food brought in from home.

Unsupervised Eating:

Residents are encouraged to eat their meals in the dining room. This ensures that someone is with them if they have a problem such as choking.

Falls Prevention:

Our goal is to balance personal safety with your independence and mobility. We try our best to reduce the risk of falling.

Preventative Measures include:

- Keeping hallways, rooms and care areas clear of clutter or other hazards.
- Using fall mats and hip protectors available and if appropriate.
- All beds are equipped with bed alarms
- Please use the handrails in the halls.
- Get up slowly if you have been sitting or lying down.
- Get daily exercise, good sleep, and eat well to lessen your risk of falling.
- Turn on the light when going to the bathroom at night.
- Calling for assistance

Proper Footwear:

It is important to wear proper footwear. When shoes fit well and provide good ankle and foot support, balance and stability is better. Wear shoes both on and off the unit. Please do not go about in you bare or sock feet.

Personal Furniture:

To help you feel at home residents are encouraged to bring in personal items such as small pieces of furniture, pictures, radios, television, etc. For safety purposes and comfortable movement please keep in mind that space is limited. Please do not clutter up the room so that you can get out easily in an emergency.

Tripping Hazards:

Secure cords to prevent a tripping hazard. Scatter mats are discouraged

Medication Safety:

Residents and family members are encouraged to ask the nurses, doctor or pharmacist any questions you may have about the medications that the resident is receiving.

Residents and family members are asked to check with the staff before bringing in any “over the counter” or other medications. They may be harmful when taken along with the other medications and foods that the resident is taking at Haliburton Place.

Fire Safety:

Fire Drills:

Haliburton Place has a Fire Safety Plan. Fire drills are conducted monthly. During these drills you will hear the fire alarm and messages over the overhead paging system. It is very important to remain calm and follow the directions of the staff.

Evacuation routes:

Residents and family should check for the location of the fire alarm stations and the emergency exits. Fire alarm stations are located near exit doors.

Equipment Inspection:

If you notice anything that may be a safety hazard or cause some level of concern or risk please speak with the nursing staff.

All electrical items brought in for a resident’s room must be CSA approved and checked by facility electrician before using. Please tell the nurse or ward clerk and she/he can arrange for the items to be approved for use. Electric blankets, extension cords and small space heaters are not permitted. Please use power bars rather than extension cords.

General Safety:

No-Scent policy:

In consideration for those who have allergies or breathing problems, Residents, visitors and staff are not permitted to use heavily scented products including perfumes, colognes, soaps and deodorants. Flower arrangements may also be a concern. Please check with the staff on the unit before bringing in very perfumed flowers such as lilies, lilacs, etc. Notify the staff if you have allergies/sensitivities to scented products

Pet visitation:

For family pet to visit there is a screening process that must occur before the pet is brought in to visit. Contact the Manager/Charge Nurse if you wish to bring in a pet and she will provide you with the necessary information. Pets are to visit their own resident and are not permitted to go into the dining areas during meal hours.

Call bells:

Call bells are available in every resident's room to call staff when needed. Emergency call bells are located in every bathroom, wheelchair bathroom, and tub room. Please ensure your call bell is always within reach.

Sign out when leaving facility:

Please sign out before leaving the building for any length of time. Staff must be able to account for all residents whereabouts 24hrs/day in the event of an emergency.

Assisting other Residents (falls, feeding, leaving):

For your safety and the safety of the other residents, please do not try to assist another resident to move from their bed or wheelchair. Please ask staff for help. This also applies to helping other residents to eat their meals. Some residents are not safe to leave the unit alone. Please check with staff if a residents is trying to leave with you.

Some exits and stairwells are alarmed or secured. Outside doors are locked at night. There is a doorbell at the back door.

We appreciate your help in following these safety measures that will help keep not only yourself, but the other residents, staff and volunteers safe.

Patients*first*

PATIENT SAFETY:
OUR COMMITMENT, OUR DUTY

