Refer to Diabetes Specialist Physician and NS Insulin Pump Program Diabetes Centre with expertise in pump therapy.

Diabetes Health Care Team (HCT) assessment includes:

- Overall diabetes management:
  - Insulin regimen/dosing
  - SMBG (frequency, use & record keeping)
  - Insulin adjustment for activity, illness & food
  - Nutrition/food choices
- Skills:
  - Carbohydrate counting (using Challenge)
  - Sick day management (using Challenge)
  - Insulin dose adjustment (using Challenge)
  - Planning for activity/exercise (using Challenge)
- Usual follow through/follow up
- Frequency of DKA
- Patient/family interest (realistic expectations)
- Family supports/readiness
- Pump/supply costs/financial considerations
- School plans (if age applicable)
- Start (complete) Insulin Pump Process Checklist

Forms Key:
Green: Patient Form/Resource
Blue: Diabetes HCT Form
Orange: Both (Patient and HCT)

Patient assessment includes:

- Review and discussion of:
  - Is an Insulin Pump for Me?
  - Pump benefits and challenges
- Self-assessment (successful completion):
  - Carbohydrate Counting Challenge
  - Sick Days Challenge
  - Insulin Dose Adjustment Challenge
  - Activity Challenge
- Attendance at Insulin Pump Therapy Education Program (individual and/or group session)
  - View pump video series (if age applicable)
- Review and completion of (with signature):
  - Are You Ready to be a Pumper?

PHASE 2

Sign and retain Patient Responsibility Agreement (provide a copy to the patient/family)

Physician/Diabetes Health Care Team Letter signed and forwarded to family physician

PHASE 3

Pump start date given
Patient provided with:
- Preparing for the Pump, which includes what to expect/do 1-2 weeks before; 1-2 days before; on the pump start day; first 2 weeks following insulin pump start
- Insulin-to-Carbohydrate Worksheet
- Insulin-to-Carb Ratios
- Additional follow-up forms:
  - Insulin Pump Follow-up Form
  - Insulin Pump Failure or Temporary Interruption
  - DKA Prevention When on an Insulin Pump

PHASE 4

Pump start date scheduled
Diabetes HCT uses:
- Insulin Pump Initiation Plan
- Continuous Subcutaneous Insulin Infusion (CSII) Education Checklist

PHASE 3

Pump started
Patient provided with:
- Pump Start Guidelines
- Insulin Pump Start Record

PHASE 1

Interest Expressed in Insulin Pump Therapy/Pump Therapy Candidate

Refer to Diabetes Specialist Physician and NS Insulin Pump Program Diabetes Centre with expertise in pump therapy.

PHASE 1

Patient assessed includes:

- Review and discussion of:
  - Is an Insulin Pump for Me?
  - Pump benefits and challenges
- Self-assessment (successful completion):
  - Carbohydrate Counting Challenge
  - Sick Days Challenge
  - Insulin Dose Adjustment Challenge
  - Activity Challenge
- Attendance at Insulin Pump Therapy Education Program (individual and/or group session)
  - View pump video series (if age applicable)
- Review and completion of (with signature):
  - Are You Ready to be a Pumper?