

Personal Protective Equipment (PPE)

Sequence for Putting on and Removing PPE

****A second Healthcare provider will observe the putting on and taking off of PPE to ensure self contamination does not occur.***

Date: _____

Name of Staff & Department (putting on PPE): _____

Procedure for Putting on PPE	Completed (Initials)
Immediately prior to entering the patients room or in the anteroom:	
1. Remove any personal accessories (watch, rings, earrings, ID, pagers, cell phones, etc.)	
2. Tie long hair back	
3. Inspect PPE for defects and size prior to putting on	
4. Perform Hand Hygiene using ABHR or soap and water	
5. Put on Shoe/Leg Coverings	
6. Perform Hand Hygiene	
7. Put on Mask or Respirator (N95) [N95required for aerosolizing procedures]	
8. Put on Head Cover	
9. Put on 1st pair of gloves (Surgical or Nitrile)	
10. Put on Impermeable gown	
11. Put on disposable plastic Apron if required for gross soiling	
12. Put on Face Shield	
13. Put on second pair of Gloves- Nitrile	
14. Ask person putting on PPE to perform a mobility test (i.e. bend, turn). Check for any exposed skin and correct	
Procedure for Removing PPE	Completed (Initials)
Remove PPE at doorway of patient room	
1. Remove Outer pair of Gloves and discard	
2. Remove plastic Apron (if utilized) and discard	
3. Remove Gown	
4. Remove Inner pair of Gloves and discard	
5. Perform Hand Hygiene using ABHR	
6. Put on clean pair of Gloves	
7. Remove Shoe/Leg Coverings	
8. Remove Gloves and discard	
9. Perform Hand Hygiene using ABHR	
10. Put on clean pair of Gloves	
11. Remove Face Shield and discard	
12. Remove Gloves and discard	
13. Perform Hand Hygiene using ABHR	

14. Put on clean pair of Gloves	
15. Remove Head Cover and discard	
16. Remove Gloves	
17. Perform Hand Hygiene using ABHR	
18. Put on clean pair of Gloves	
19. Remove surgical Mask and discard <i>[If wearing N95/Respirator for Aerosolizing Generating Procedures- proceed to highlighted section]</i>	
20. Remove Gloves	
21. Perform Hand Hygiene using ABHR	
22. Exit Patient's Room into anteroom Have someone open door from outside patient room, or use piece of paper towel or wipe on door handle to open	
23. Perform Hand Hygiene outside of patient's room • Use soap and water	
Exit patient's room • Have someone open door from outside patient room, or use piece of paper towel or wipe on door handle to open	
Remove Respirator (N95) in anteroom and discard	
Perform Hand Hygiene - using soap and water	

Safe Practices to Protect Healthcare Workers and Limit Spread of Contamination: The trained monitor/buddy should observe for the following while an encounter with the patient is occurring.	Completed (Initials)
Safe Practices: <ul style="list-style-type: none"> Kept hands away from face Hands were cleaned before contact with face Once tasks with the patient were underway, PPE was not touched or adjusted Eye glasses were not adjusted while wearing PPE Limited the surfaces touched in room Changed gloves when torn or heavily contaminated Remembered to perform hand hygiene when changing gloves If a breach in PPE was suspected and there has been an exposure to patient's body fluids: Task with patient was stopped, PPE was removed, exposed skin or puncture site was washed with soap and water, eye/mucous membrane splash was flushed with water Unit Manager, Employee Health Exposure Line (473-4666), and SAFE line (473-SAFE) were notified 	

Name of Trained Monitor: _____ **Initials** _____

Signature of Trained Monitor: _____

November 17, 2022