

Insulin Pump Education Day – 401 Talking Targets: The Art of Communication

**March 23, 2018 (7:30 a.m. to 4:00 p.m.)
VG Site – Dickson Building – Weather Watch Room (5th Floor)**

By the end of the session attendees will be able to:

- Apply the concepts of “meaningful conversation” to patient/team interactions in “moving to target”
- Apply more helpful approaches to common pump challenges, challenging age groups, and important life transition points
- Discuss the implications (good and bad) of low carb diets
- Use the newest NSIPP materials and processes to improve the NSIPP experience

AGENDA

7:30	Registration and light breakfast	
8:10	Welcome and Introductions	Beth Cummings/Peggy Dunbar
8:15	NSIPP Update: Part 1 - Communications	Courtney Fortune
8:30	The Art of Listening	Dr. Denis Daneman
9:20	Setting the Stage for Behaviour Change	Dr. Elizabeth McLaughlin
10:10	<i>Nutrition Break (20 minutes)</i>	
10:30	Setting the Stage for Behaviour Change (continued)	Dr. Elizabeth McLaughlin
11:00	Curious about Keto? Some Considerations for Nutrition and Pump Therapy	Lisa DeMolitor & Laurel Fry
11:30	1st Voice Panel - Pumping in Transition Periods (10 minutes each)	Panel Moderator, Dr. Teresa Pinto
	<ul style="list-style-type: none"> • Starting University: <i>Jessica Pond</i> • Pregnant and Pumping: <i>Rebecca Marvel</i> • Starting School with a Pump: <i>Stuart Lally, father of Jack Lally</i> 	
12:15	<i>Lunch Break (45 minutes)</i>	
1:00	Advanced Pumping Features (discussions by the two displays - repeated x2)	Industry
1:30	NSIPP Update: Part 2 – Common Questions	Courtney Fortune
1:45	Talking Targets: What's Working	Dr. Denis Daneman
2:30	<i>WORKING NUTRITION BREAK: GRAB YOUR COFFEE AND JOIN YOUR GROUP</i>	
	Setting Targets – Moving to Action (Group Work)	Discussion Leads: Carrie Hagggett, Anne McLaughlin, and Leanna MacDonald
3:15	Pumping – Common Challenges: Grazing, Insulin on Board, and Forgetting Boluses...	Drs. Beth Cummings & Ferhan Siddiqi
4:00	Wrap-up and evaluation	