

# Cyclosporiasis

## FACT SHEET

### What is Cyclosporiasis?

Cyclosporiasis is a disease caused by a parasite called *Cyclospora cayetanensis*.

### Who Can Get Cyclosporiasis?

Anyone who drinks contaminated water or produce can become infected with cyclospora. The ways in which water and food get contaminated with the parasite are still unclear. There have been no reported cases of direct person-to-person transmission of the disease.

### What are the Symptoms?

The symptoms of cyclosporiasis include:

- Watery diarrhea.
- Stomach pain or cramps.
- Upset stomach.
- Lack of appetite.
- Tiredness.
- Weight loss.
- Fever occurs in about half of infected people.

### What is the Treatment?

See your doctor for medication.

### How Can You Prevent Cyclosporiasis?

- Wash produce carefully before eating
- Avoid drinking untreated or recreational water (such as pools, streams, lakes)
- Follow safe food and water guidelines when travelling in other countries