

The Sunshine Room

A ray of "Sunshine" during the cancer journey

A comfortable, supportive space where patients and their family members undergoing cancer treatments can be introduced to Massage Therapy, Therapeutic Touch™, Reflexology, Reiki and Healing Touch.

Wigs, haircuts, and head wraps are also available.

Hairdressers are in Monday's, Tuesday (bi-weekly) and Wednesday's no appointment necessary.

All of these services are provided free of charge by trained volunteers and licensed volunteer therapists and hair dressers.



11th floor, Victoria Building, West Wing
Room 11-017 Monday to Friday, 10 am - 3 pm

- ❖ Program Coordinator: (902) 473-3811
lillian.roy@nshealth.ca
- ❖ Sunshine Room: (902) 473-6567

Monday

10:00AM - 12:30PM - Massage Therapy/other therapies

12:30PM - 3:00PM - Therapeutic Touch™

Tuesday

10:00AM - 12:30PM - Therapeutic Touch™

12:30PM - 3:00PM - Reflexology/other therapies

Wednesday

10:00AM - 12:30PM - Reiki

12:30PM - 3:00PM - Massage Therapy/other therapies

Thursday

10:00AM - 12:30PM - Reflexology/ other therapies

12:30PM - 3:00PM - Reiki

Friday

10:00AM - 12:30PM - Massage Therapy/other therapies

12:30PM - 3:00PM - Therapeutic Touch™

*Please note therapies are subject to change.
If you would like to confirm a hairstylist or
a specific therapy please call ahead.*