

Removing Enhanced Personal Protective Equipment (PPE)

The **sequence is important** to limit the risk to you. Facial protection is the last to be removed to minimize the risk of blood or body fluids entering your mucous membranes.

Remove PPE at the doorway of patient room [Buddy/Trained Monitor must observe removal process]		
1. Remove outer pair of Gloves	<image/>	 Carefully remove outer pair of gloves, taking care not to contaminate inner gloves Discard
2. Remove Apron (if utilized)		 Untie back ties at waist Gently rip neck strap to pull away from body Roll inside out to minimize contamination Buddy may need to assist with removal if grossly soiled



3. Remove Gown	<image/>	 Unfasten hip tie at waist Unfasten Velcro at neck by pulling forward from shoulder area Pull gown away from neck & shoulders Use caution to avoid touching skin/clothing or agitating gown unnecessarily Turn inside out Fold or roll into a bundle & discard
4. Remove Inner pair of Gloves		 Carefully remove inner pair of gloves Use glove to glove/skin to skin technique Outside of gloves are contaminated Discard



5. Perform Hand Hygiene & put on a clean pair of gloves	 Use soap and water if hands are visibly soiled
6. Remove Shoe /Leg Coverings	 Remove with gloved hands using caution to not contaminate inner clothing Discard in waste receptacle
7. Remove gloves, Perform Hand Hygiene & put on a clean pair of gloves	 Use soap and water if hands are visibly soiled
8. Remove Eye and Face Protection	 Outside of face shield is contaminated Handle by head band at back,



Full face shield	gently allowing the face shield to fall forward • Discard
9.Remove gloves, Perform Hand Hygiene & put on a clean pair	 Use soap and water if hands are visibly soiled
of gloves 10. Remove Head Cover	 Grab back of hood at crown of head and pull forward over head Discard
11.Remove gloves, Perform Hand Hygiene & put on a clean pair	 Use soap and water if hands are visibly soiled



of gloves			
12. Remove surgical Mask [*Note: if wearing N95 or respirator proceed to highlighted section below	<image/>	•	Handle only by ties Undo bottom tie first and then top. Allow to fall away from face Discard
13. Remove Gloves, perform Hand Hygiene			
14. Exit patient's room	©Microsoft Clip Art 2007	•	Have someone open door from outside patient room, or use piece of paper towel or wipe on door handle to open
15.Perform Hand		•	Use Soap and Water



Hygiene		
If wearing Re	espirator N95	
Exit patient's room	EXIT	 Have someone open door from outside patient room, or use piece of paper towel or wipe on door handle to open
Remove Respirator N95	© Microsoft Clip Art 2007	 Remove by straps without touching the front and contaminating gloves Remove bottom strap first and
		then top one allowing mask to fall forward • Discard
Remove		Use Soap and



Gloves and Perform Hand Hygiene		Water	
While wearing PPE:			
 Avoid Touching or Adjusting PPE. 			
 Do not adjust eyeglasses if wearing under facial protection 			
 Remove gloves if they become torn or damaged then Perform 			
hand hygiene a	and put on new gloves		
If during care o	of the patient PPE becomes g	rossly contaminated,	
difficulties arise with it (i.e. dislodgement, fogging of face shield)			
or an exposure risk has occurred, the healthcare worker should			
stop and assess the situation. The healthcare worker should			
remove soiled PPE as per removal protocol and put on clean PPE			
before continuing care. It may be necessary to blot the body fluids			
with an absorbent blue pad and/or disinfectant wipe prior to			
removing the F	PPE.		

Images: © Infection Prevention and Control Department January 2015.