TRANSITION FLOW CHARTS

PREPARATION PHASE (Pediatric Team)

Age 13 years

(or age at Diagnosis if ≥ 13)

- Initiate Transition Process
- Assign Pediatric Designate*
- Identify chart (color, sticker)
- Arrange team meeting with adolescent and parent(s)
- Initiate use of Knowledge & Skills Self-Assessments
- Initiate Diabetes Educator Transition Checklist
- Initiate use of Diabetes Handheld Record

Age 15-17 years

- Continue use of Knowledge & Skills Self-Assessments to identify remaining knowledge and skill deficits
- Continue using Diabetes Educator Transition Checklist, ensuring all topics are covered/re-enforced as needed
- Initiate Diabetes Complications education and screening
- Increase role of adolescent in problem solving and decision-making
- Refer to DCPNS Transition Consultant, if needed

Age 17-18 years

- Complete Adolescent Knowledge and Skills Checklist
- Assess readiness for transition
- Work with adolescent to fill knowledge gaps
- Team meeting with adolescent and parent(s)
- Discuss adolescent's future plans
- Determine Adult Designate* in conjunction with receiving adult Diabetes Centre
- Provide Transition Handbook
- Refer to DCPNS Transition Consultant, if needed

*Designate. A member of the diabetes care team who has been assigned to be responsible for the coordination and completion of transition education/care of a particular adolescent(s) - in essence, a transition coordinator or case manager role.

(see other side)

TRANSITION PHASE

(Pediatric Team)

Age 17-18 years

- Determine Adult Designate* in conjunction with receiving adult Diabetes Centre
- Complete Diabetes Educator Transition Checklist
- Arrange Pediatric/Adult Team meeting with adolescent & parent(s) if possible
- Request/confirm date/time for Adult Team appointments
- Prepare for "usual" adult appointment protocol; e.g., lab work, prior to appointment
- Provide What to Expect in an Adult Diabetes Centre handout
- Complete and send Transition Summary Form, including additional attachments
- Continue follow-up with adolescent until first Adult Team appointment
- Refer to DCPNS Transition Consultant if needed
- Complete "Moving On..." Consent Form for future contact, if required

INTEGRATION PHASE

(Adult Team)

Age 18-19 years

- Confirm Adult Designate* at receiving adult Diabetes Centre
- Arrange date/time for Adult Team appointments (if not already done)
- Review Transition Summary Form and attachments
- Contact **Pediatric Designate***, if clarification needed
- At first Adult Team appointment, assess to identify knowledge/skill deficits and provide appropriate education (as per Diabetes Educator Transition Checklist)
- Arrange for regular follow-up appointments with team members
- Send summary letter of initial visit to referring physician; copy referring Diabetes Centre
- Notify referring physician/Diabetes Centre if a "no show" and determine appropriate next step (i.e., who will follow up)

*Designate. A member of the diabetes care team who has been assigned to be responsible for the coordination and completion of transition education/care of a particular adolescent(s) - in essence, a transition coordinator or case manager role.