nova scotia
health authority

Department of Pathology and Laboratory Medicine

## GROWTH HORMONE SUPPRESSION TEST-SERIAL SAMPLING FORM

Patient Information (or affix label)
Name:
DOB:
M/F
HĆN/MRN:
Physician:
For collection inquiries please provide:
Contact name:
Contact number:

A completed *Laboratory Requisition - Inpatient and Clinic* (CD2A) \*\* must accompany this form and collected specimens.

Time stamp (for laboratory use only)

Time points must be recorded on all specimens.

Select testing required. Additional testing for the series can be hand written in the appropriate time point.

## Collection date:

Time		Test selection	Tube type **	Collection information	Time of collection	
point						
0 min.		Glucose	Green			
		Growth Hormone	Gold	Collected by:	HHMM	
		IGF-1	Gold			
30 min.		Glucose	Green			
		Growth Hormone	Gold	Collected by:	HHMM	
60 min.		Glucose	Green			
		Growth Hormone	Gold	Collected by:	HHMM	
Preferable to send specimens to the laboratory at this stage – send with the requisition and a copy of this form. Laboratory Receiving - keep the original form and requisition in the designated area unit the last of the series is received.						
90 min.		Glucose	Green			
		Growth Hormone	Gold	Collected by:	HHMM	
120 min.		Glucose	Green			
		Growth Hormone	Gold	Collected by:	HHMM	

## **Attention laboratory receiving**: Serial specimens *are IRRETRIEVABLE*.

- Ensure the time point *order comment* is placed on each orderable.
- •Place a small aliquot labels on requisition.
- File all copies of this form with the requisition.
- Process all serial specimens within the receiving area, keeping all specimens together with this form.
- A copy of this form must go with the specimens to the testing laboratory divisions.
- Place a Serial Sampling sticker on the bag or rack.

## **Attention testing laboratory:**

Confirm applicable specimens are tested and resulted (initial and date):

<sup>\*\*</sup> Collection tube type and requisition is for DPLM CZ. Please refer to your local laboratory collection requirements.