

# Improved access and comprehensive care for individuals with diabetes: Group medical visits initiative with the Yarmouth Diabetes Centre

**Aim:** Patients of the diabetes centre without a primary care provider will have access to a nurse practitioner through a group medical visit (GMV) model.

**Test of change:** Offer a multi-station GMV to patients who meet criteria to participate; October 24th, 2018 ; YRH DEC; DEC staff, NP, PHC Coordinator.

- Determine criteria; select patients; determine outline of session.
- Contact patients
- Determine resources needed. Gather supplies
- Complete chart reviews.
- 75% invitees will attend.
- 85% attendees will have completed blood work.
- 70% of the HCPs will have enjoyed
- 75% of attendees will indicate "I would recommend this type of visit to others".

- Adapt: set-up, explain NPs role, more detailed group rules.
- Adopt: having the discussion period before the 1:1 session.
- Abandon: nothing!



- Chart reviews
- Group intro
- Forms
- Group discussion
- 1:1 multi-stations rotation
- Wrap up
- Session ran ++ long.

- Exceeded all targets!