

I have my **blood pressure** checked.

Do YOU?

كمد طغض سايق ىلء صرءا

Hágase revisar la presión arterial

Проверьте свое кровяное давление

測量您的血压

دىن ك ىرى گه زادن ار ن ات نوخ راشف

Patingnan ang Presyon ng Iyong Dugo

Blood Pressure
I'm checking it!

Name: *Pat M*

Nov 10/10	128/85	Dr. office
Feb 11/11	125/80	Dr. office
May 7/11	127/81	Dr. office
	/	
	/	
	/	

Come on Nova Scotia...

Check it!

Get your wallet card
from your health care provider today.

novascotia.ca/bloodpressure