



# Expert Advisory Panel on Long Term Care

---

Continuing Care Forum

The content of these slides represent a snapshot  
in time and will evolve throughout the process.

# Meet the Panel



## **Janice M. Keefe, PhD (Chair)**

Director, Nova Scotia Centre on Aging  
Chair/Professor Department of Family Studies and Gerontology  
Lena Isabel Jordry Chair in Gerontology  
Mount Saint Vincent University



## **Cheryl A. Smith, RN, NP, DNP, CDP**

Primary Health Care Nurse Practitioner  
Nova Scotia Health Authority



## **Dr. Greg Archibald, MD, CCFP, FCFP**

Professor and Head Faculty of Medicine  
Department of Family Medicine  
Dalhousie University

# LTC Expert Panel Mandate

To make recommendations that are evidence-based, feasible, and sustainable that will:

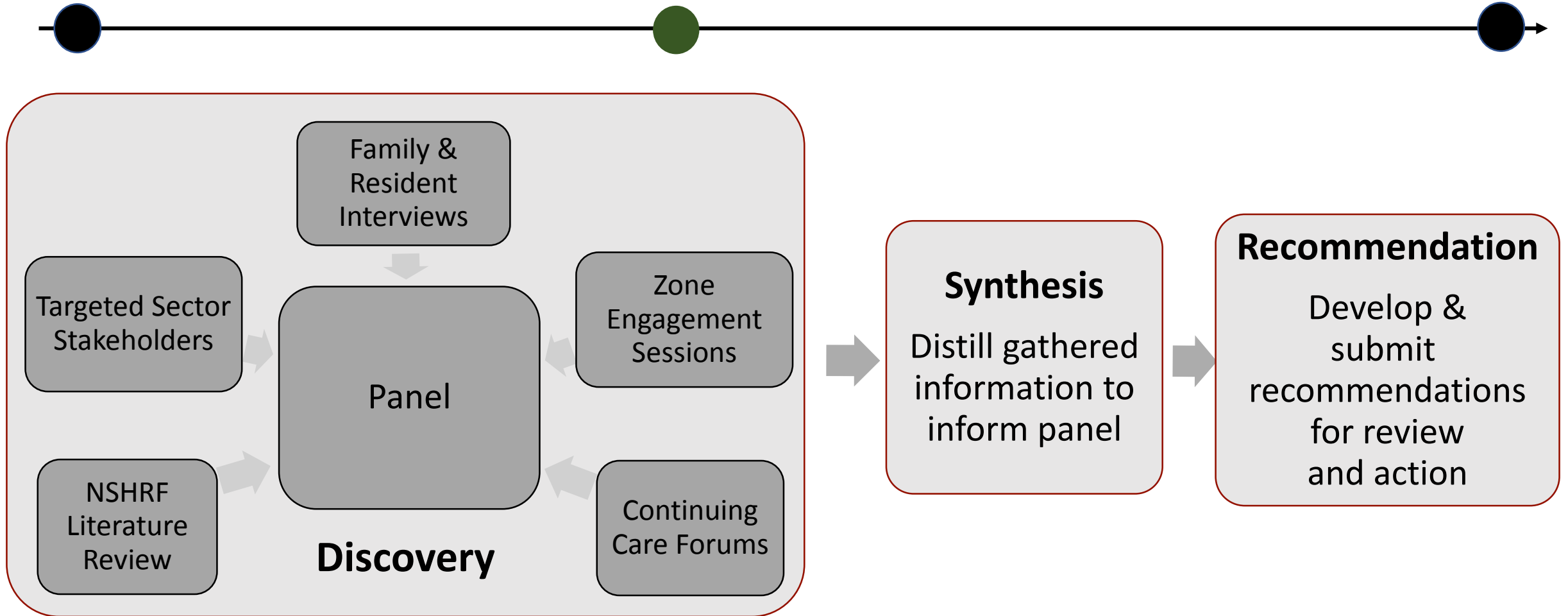
- Improve quality of care in LTC facilities
- Ensure appropriate staffing of LTC facilities
- Enable recruitment and retention of appropriate LTC staff



# Our Process

September

November



# What we are hearing...

## Dignity & Privacy

The need for identity and confidentiality

## Prevention

Proactive actions to avoid illness and conflict

## Sector Stigma

Inequality from acute care and magnification of negativity

## Common Expectations

To acknowledge and communicate what LTC facilities can or cannot provide

## Wellbeing

The support for emotional, mental, and spiritual needs

## Guilt & Shame

The disconnection between personal values and LTC realities

## Modes of Communication

Ways of working collaboratively and efficiently

## Complexity & Individuality

People are multifaceted and each need unique support

## Accountability

Trust is built from consistency and transparency

## Safety

The balancing act of managing risk in a compassionate way

# What's Your Perspective?

We want to hear from you about the...

- biggest challenges facing the long-term care system?
- key opportunities that will increase quality of care and ensure appropriate staffing?

Thank you!

---