




Saying Goodbye with Dignity

Gina Steadman TRPM




This is me

- Hillside Pines 26+ years
 - CNA, PCW, Restorative Aid, TRPM
 - Love my family, dogs and Disney!
 - Feel Passionate about Palliative Care
- 



End of Life

- What happens?
 - Palliative Orders
 - Decisions
 - Palliative Care rooms
 - Saying goodbye...
- 

Palliative Orders

- Support is needed for the family as well as staff care partners
- “Death Order”
- Last Gift
- Shit just got real
- How do I deal with this?



Pet Therapy

Susie



Palliative Care Cart



Palliative Care Rooms




Both overlook the garden



Music

- Bon Jovi
- You Are My Sunshine
- Fiddling Music
- Hank Williams
- Happy music
- Gospel
- Relaxation Music
- It's Hard to be Humble





What Does Family Support Look Like?

Family Support

- Checking in
- Sitting quietly, holding hands or hugs
- Spiritual support
- Respite
- Pet therapy
- Tears are OK

Staff Support

- Checking in
- Sitting quietly, holding hands or hugs
- Offering to take over tasks so they can go sit with the Elder
- Pet therapy
- Tears are OK

Journey's End



Everyone is Impacted When an Elder Passes...



Remembrance Service



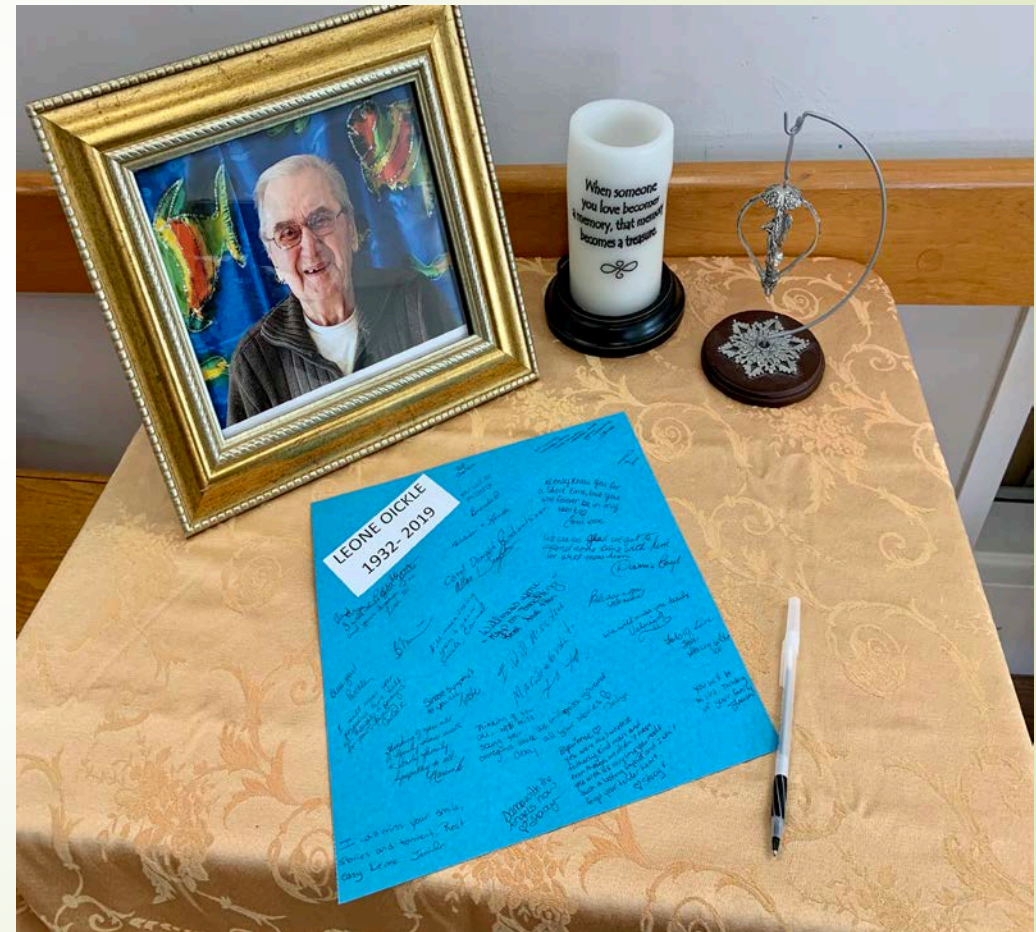
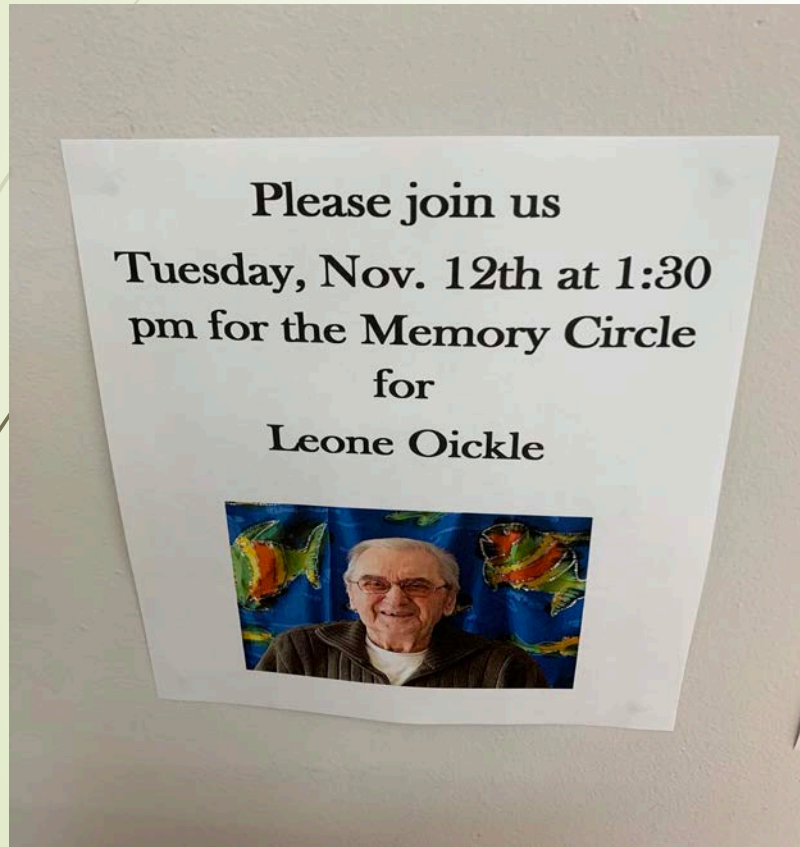
- Generic
- Up to 3 or 4 families who may not know each other



The Memory Circle

- Personalized
- Everyone is encouraged to attend if possible
- Laughter and tears
- Better alternative for those who are non-church goers
- Feels more welcoming to Elders and friends

Getting Ready



What a Memory Circle Looks Like





What Our Families Say:

- You're the best!
- This is something that you guys do so well here!
- You do living and dying well
- If I had to pick who was the most supportive during the difficult time, I would have to put everyone's names in a hat and pull one out
- This is a real family!