

Selection Criteria

- An undergraduate degree meeting the academic requirements set by PDEP as well as good academic performance ($\geq 73\%$ average) is required.
- A complete DC application package must be received by the deadline date (set by DC) and confirmation of payment of the \$100 non-refundable application fee.
- Select applicants will be invited to attend a full day group assessment held in February/March. Check website for dates.

Applicants must attend the assessment to be considered. NSHA is scent-free.

In 2018, we are offering a total of 8 Dietetic Intern positions within Nova Scotia Health Authority, Central Zone. One position will have a Public Health Service (PHS) focus.

Program Outline

You may receive credit for previous work experience or study. Please inquire a minimum of 2 months prior to commencement of the program.

Rotations	CH	PHS
Clinical Nutrition		
Inpatient	12 weeks	12 weeks
Diabetes Education	2 weeks	2 weeks
Ambulatory	2 weeks	2 weeks
Nutrition and Food Management		
Food Service	8 weeks	7 weeks
Clinical	1 weeks	0 weeks
Community Nutrition		
Community	4 weeks	8 weeks
Other		
Orientation & Classes	3 weeks	3 weeks
QI Project	2 weeks	2 weeks
Electives	4 weeks	2 weeks
Independent Practice	6 weeks	6 weeks
Vacation	3 weeks	3 weeks

Program Outline

Clinical Nutrition - Experience unique, specialized and general medical areas as well as the differences in acute and ambulatory care services. Participate as part of the interprofessional team in areas such as cardiology, oncology, nephrology and the ICUs.

Nutrition and Food Management - Participate at a managerial level within Central Zone's clinical and food service areas as well as onsite restaurant services. Experience a variety of managerial styles and identify the importance of team composition and marketing of nutrition food services.

Community - Individualize your experience with flexibility to be located within or outside of Nova Scotia. Become involved in health promotion, community program planning and/or development or food security issues.

Quality Improvement (QI) Project - You will conduct and present a QI project. Completion of an introductory level research methodology course at an undergraduate or graduate level is required.

Electives - Elective opportunities allow you to individualize the program even more. Area and location of placements are tailored to your interests.

Class Weeks (3 weeks) - Professional development with various sessions to assist in achieving competencies set forth by Partnership for Dietetic Education and Practice.

Contact Information:

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CENTRAL ZONE GRADUATE DIETETIC INTERNSHIP AND PRACTICUM TRAINING PROGRAM

An accredited dietetic education program recognized by the Partnership for Dietetic Education and Practice (PDEP) which prepares students for eligibility to register with a provincial dietetics regulatory body.

Program Philosophy

To enhance theoretical knowledge through the application of university-based learning to real life situations in order to develop competent, person-centred dietitians who optimize both clinical and fiscal outcomes through critical thinking and creative, evidence-based problem solving.

Dietetic Interns are valued members of the organization and, as such, are expected to contribute to strategic priorities, implementation of new initiatives and achievement of NSHA's goals and objectives.

Program Goals

- ♦ Acquire skills in nutrition, management, communication, education and research needed to meet entry-level requirements
- ♦ Understand the connection between life-long learning and professional competence
- ♦ Apply knowledge to practical opportunities in a variety of settings
- ♦ Develop self-confidence and expertise in the performance of professional responsibilities
- ♦ Develop a sense of professionalism; prepare for positions in healthcare, community and/or industry

Assets of Successful Candidates

- ♦ Education and training
- ♦ Relevant work experience
- ♦ Leadership potential and initiative
- ♦ Organizational skills
- ♦ Decision-making abilities
- ♦ Communication skills
- ♦ Good interpersonal skills
- ♦ Stress tolerance
- ♦ Maturity, insight
- ♦ Compassion
- ♦ Interest in food
- ♦ Computer skills are essential
- ♦ Proficiency in English is required

About the Nova Scotia Health Authority, Central Zone

The NSHA, Central Zone is the largest integrated academic health district in Atlantic Canada. It provides core health services to 400,000 residents of the Halifax region, as well as tertiary and quaternary care services to residents of Nova Scotia and Atlantic Canada. Visit www.nshealth.ca for more details.

Hospitals and Health Centres

The QEII Health Sciences Centre is the major adult referral centre for Atlantic Canada located across two sites. It has approximately 1000 beds and records 370,000 ambulatory clinic visits annually.

The Dartmouth General Hospital is a 140 bed acute care facility providing services to approximately 120,000 people in Dartmouth and surrounding areas.

The majority of placements occur within these two centres.



Why choose the Nova Scotia Health Authority, Central Zone

Train at Atlantic Canada's major referral and academic health care centre

- ♦ Electives enhance flexibility and an individualized learning experience.
- ♦ Schedule flexibility allows the opportunity to complete placements outside of Nova Scotia, provide input to your schedule and network with various employers.

Intern's Comments

"The internship has **exceeded all my expectations**; I am impressed with just how much I have learned."

"The Internship has allowed me to **develop the self-confidence and knowledge** that I would have not been able to obtain through academic study alone".

"The past year has developed my confidence in my ability to deal with people, **my ability to think critically and analyze situations.**"

"Extremely **helpful, encouraging, welcoming** and knowledgeable support staff."

"Flexibility in schedule development creates an internship **focused around your interests.**"