

Moving on...with Diabetes

DIABETES EDUCATOR TRANSITION CHECKLIST

USER GUIDE

PURPOSE

- Topics covered help the adolescent acquire the knowledge and skills necessary to self-manage his/her diabetes.
- The checklist helps to assess readiness for transition and highlights knowledge/skills at time of transition
- Promote access to the Transition Consultant, as needed.

INSTRUCTION

- Place on chart when the child turns 13 years old. If older than 13 years of age, place on chart when diagnosed. This will initiate the formal transition process (*The Preparation Phase*).
- Place an asterisk (*) by the topic to indicate a knowledge/skill deficit at time of transition (*see example below*).
- Use in conjunction with **Moving On...with Diabetes Knowledge & Skills Self-Assessments (13-16 yrs)** and **Moving On...with Diabetes Adolescent Knowledge & Skills Checklist (17-18 yrs)**.
- Send a copy to the Adult Diabetes Team with Transition package.

Example:

Age	Topics	Date mm/dd/yyyy	Initial
13-15 yrs	Diabetes Management		
*	<input checked="" type="checkbox"/> Blood Glucose Monitoring	02/11/2019	<i>MPD</i>
	<input checked="" type="checkbox"/> Insulin Management		
	<input checked="" type="checkbox"/> Nutrition/Healthy Choices/CHO Counting		
	<input checked="" type="checkbox"/> Physical Activity/Exercise		
*	<input checked="" type="checkbox"/> Hypoglycemia	02/11/2019	<i>MPD</i>
	<input checked="" type="checkbox"/> Glucagon		
*	<input checked="" type="checkbox"/> Sick Day Management	02/11/2019	<i>MPD</i>