

Central Zone Extended Health Plan (Great-West Life) -- Effective February 13, 2017, you will no longer require a medical referral from a physician or nurse practitioner to access the services of a paramedical practitioner under the Plan. The following paramedical services are eligible: acupuncturist, chiropractor, homeopath, massage therapist, naturopath, occupational therapist, osteopath, physiotherapist, podiatrist, psychologist, speech therapist. The practitioner needs to be licensed or meet the qualification requirements of their governing body. Claims may be subject to Reasonable & Customary charges. Any questions may be directed to Workforce Operations, People Services: 902 473 5757, Press 3, Press 1.