Capital Health

Geriatric Day Hospital

Referral Form

Phone: (902) 473-2493 **Fax: (902) 473-7336**

Please print clearly and complete all sections.

☐ **Falls Referral** ☐ **Regular Referral** ☐ **Letter Attached**

Name: _____

Address: _____

Phone#: _____ Date of Birth: _____

Health Card#: _____ Expiry: _____

Referral Source: _____ Phone: _____ Fax#: _____

Family Physician: _____ Phone: _____ Fax#: _____

Contact for Initial Appt: _____

Home phone #: _____ Cell / Work #: _____

Specific Reason for referral / description of falls:

_____

_____

_____

_____

_____

Medical Problems	**Associated Medications**

Current Functional Information				
Mental Status	☐ Normal	☐ Impaired	MMSE	/ 30
Emotional	☐ Normal	☐ Depression	☐ Anxiety	☐ Other
Communication	☐ Normal	☐ Impaired		
Mobility	**Transfers**	☐ Independent	☐ Assisted	☐ Unable
	Walking	☐ Independent	☐ Assisted	☐ Unable
	☐ Aids _____			
Balance	☐ Normal	☐ Impaired	☐ Falls # _____	
Bowel / Bladder	☐ Continent	☐ Incontinent		
Nutrition	Weight _____ lbs	☐ Stable	☐ Loss	☐ Gain
Activities of Daily Living	☐ Independent	☐ Assisted	☐ Unable	
Social	☐ Lives alone	☐ Lives with other: _____		
Main Social Support	☐ Family	☐ HCNS/CCNS	☐ Other	

☐ **Patient's Family Physician has been contacted and is aware of AND agrees with referral to the Geriatric Day Hospital/Falls Clinic**. *In the interest of integrated patient care, the patient's Family Physician must be notified of this referral by phone or by faxing a copy of this referral form to the family physician. Thank you for your attention to this.*

Signature (*Physician signature is required for MSI purpose*)			
Name (Please Print) (*If trainee, please provide attending MD name*)			
Date		Date Received	

Who is Eligible to Attend Falls Clinic?

Persons who:

* are 65 years or older
* have had one or more falls

OR

* have had mobility or balance problems
* agree to be assessed by the Falls Clinic staff
* are able to take part in an exercise program

Please note - patient must be able to attend a 2 hour session twice weekly for 6-8 weeks