

Social Support

#1 Harvest House

Free Drop-in

Monday-Friday, 1:00-4:00pm and Friday, 7:00-10:00pm. Enjoy coffee, donuts, music and board games. Everyone is welcome!

11 Water Street
Windsor, NS

#2 New Boundaries (Free)

A non-profit organization dedicated to providing vocational service to adults with intellectual disabilities
Cindy Carruthers
79 Centennial Drive
Windsor, NS B0N 2T0
798-3245
<http://www.nsnat.org/newboundaries/>

Community Centers

#3 Hants County War Memorial Community Centre

Indoor Walking (Free), Badminton, Fitness for Older Adults, Zumba
78 Thomas Street
Windsor, NS
798-2536

Skating

#4 Riverview Skating Club

Wanda Blanchard
798-4284

www.riverviewskatingclub.com

#5 Windsor Exhibition Arena

\$2.00 Public Skate
239 Wentworth Road
Windsor, NS
798-2323

<http://www.town.windsor.ns.ca/windsor-exhibition-arena.html>

Swimming

#6 Hants Aquatic Centre Society (Outdoor Pool)

\$2.00 Public Swim
306 Stannus Street
Windsor, NS
798-4776

#7 Boulderwood Stables (Indoor Pool)

\$5.00 Open Swim
7321 Highway #1,
Ardoise, NS
757-1644

www.boulderwood.com

#8 Kings-Edgehill School

Adult Learn to Swim, Aquafit, Lane Swim, Senior Swim, Masters Swimming Program
33 King's Edgehill Drive
Windsor, NS
792-3411

www.kes.ns.ca/athletics/poolprograms

#9 Windsor Bluefins Swim Team

Donna Brittin
902-684-3812

Golf Resources

#10 Avon Valley Golf and Country Club

595 Falmouth Back Road
Falmouth, NS B0P 1L0
798-2673

www.avonvalleygolf.com/

#11 Coyote Hill Golf and Driving Range

Newport Corner
Hants County, NS
757-0157

<http://golfingns.com/coyotehillgolf/>

#12 Rosevale Par 3 Golf

136 Redden Rd
Windsor, NS B0N 2T0
792-1892

Fitness Facilities

#13 Alan Mumford Fitness Studio

169 Water St
Windsor, Nova Scotia
792-1026

www.bootcampfitnessclub.ca

#14 Curves for Women

10 Water Street
Windsor, NS B0N 2T0
798-0055

www.curves.com

#16 Locker Room Health and Fitness Club

99 Stannus, Windsor, NS
B0N 2T0
798-8220

www.thelockerroom.ca/

Library

#17 Windsor Regional Library

1:1 Computer Tutorials, Book Clubs and Saturday Movie Matinee
195 Albert Street
Windsor, NS
798-5424

www.valleylibrary.ca

Sports Clubs

#18 Oldtimers Hockey League

Greg Schofield
798-2515

#19 West Hants United Soccer Association

Mick Murray
798-2718

#20 Tennis Club

College Rd
Windsor, NS
798-8127

#21 Gordon Hughes Tennis Club

Treg Kelley
798-4790

#22 Pisquid Canoe Club

Natalie Fernette
8 King Street Extension
Windsor, NS
798-4632

#23 Windsor Badminton Club

Roseanne Wentzell
798-8517

#24 Windsor Curling Club

174 Gray Street
Windsor, NS

www.windsorcurlingclub.ca

#25 Windsor Bowling Center

120 Centennial Drive
Windsor, NS
798-2102

Wellness Groups

#26 Elements of Health Spa

Tai Chi
20 Grey Street
Windsor NS
792-1229

#27 West Hants Community Mental Health (Free)

Referral Required.
Understanding Anxiety, Parenting Your Anxious Child, Anxiety Group for Children, Acupuncture, Building a Bridge of Hope, Healthy Relationship Skills, Embracing Mindfulness, Emotional Awareness, Self-Awareness, Strengthening Self-Acceptance Parenting Skills, A MAP for your Mood, Sharing & Caring Group
89 Payzant Drive,
Windsor, NS
792-2042

#28 Public Health Services

80 Water Street
Windsor, NS
798-2264

Spiritual Resources

#29 Anglican Christ Church

Rev. David Curry
531 King Street,
Windsor, NS
798-2911

#30 Baptist Church

Rev. Jeffrey White
411 King Street
Windsor, NS
798-2465

#31 Church of Jesus Christ of Latter Day Saints

81 Payzant Drive,
Windsor, NS
792-1813

#32 United Church

Rev. Bill Gibson
613 King Street
Windsor, NS
798-2667

#33 Church of the Nazaree

131 Wentworth Rd
Windsor, NS
798-2830

#34 Glad Tidings Worship Center

Chester Rd
Windsor, NS
902-798-4473

#35 Saint John's Presbyterian Church

339 King, Windsor, NS
798-8923

#36 St. John the Evangelist - Roman Catholic Church

Box 184 King St
Windsor, NS
798-2341

#37 Gideons International Theodore Wile

472-2415

Theatre

#38 Mermaid Theatre of Nova Scotia

Sara Lee Lewis
132 Gerrish Street
Windsor, NS
798-5841

www.mermaidtheatre.ns.ca

#39 Quick as a Wink Theatre Society

Junie Hutchinson
93 Gerrish Street
Windsor, NS

Dance

#40 Stevenson School of Dance

Deborah Stevenson
798-2953

Music

#41 Dorian Hall Academy of Music

85 Water Street
Windsor, NS
798-0732

#42 Ladies Barbershop Singers

Women's choir, accepting new members!
Betty Dale Leighton
798-9416

Parks and Playgrounds

#43 Windsor Playland Park

Go-Carts, Waterslides and Mini Golf
Exhibition Park

#44 Elmcroft Park & Playground

Located behind the Hants Aquatic Centre on Stannus Street

#45 Victoria Park

Home to a beautiful gazebo that acts as a bandstand for inspiring artists and many other uses.
78 Stannus Street
Windsor, NS

#46 Basketball Court

17 Water Street
Windsor, NS

Outdoor Activities

#48 Visit a local hiking trail!

www.trails.gov.ns.ca

#49 Avon River

A northerly flowing river, the Avon River flows rises on South Mountain, southwest of the town of Windsor. Its meander length is 64 km (40 mi). Near the rural community of Martock, the river enters a broad glacial river valley forming a ria where it becomes tidal, creating an estuary for its

remaining route to the Minas Basin several kilometers downriver from the town of Hantsport.

#50 Mount Denson Garden Club

Membership is \$6.00/year
We meet in the Village of Mount Denson(hence the name) at the Search and Rescue Building on the old Hwy.#1. Meetings start at 7:30 PM and are held on the first Tuesday of the month this year. The club offers a varied selection of topics to keep our members busy and informed. Usually at every meeting, after the business end of the meeting we have a program with a speaker. Some of the topics include,

organic gardening, hosta's and daylilies, water gardening, dried flower arranging and physio-therapy exercises to prevent injury in the garden to name a few.

Tracy Martin
902-798-3245

#51 Ski Martock

370 Ski Martock Road
Windsor, NS
902- 798-9501

#52 Hants County War Memorial Community Centre

\$5.00 Snowshoe Rentals
78 Thomas Street
Windsor, NS
902-798-2536

Festivals and Events

#53 Apple Blossom Festival

This festival occurs annually in the months of May and June. Event schedule is available at www.appleblossom.com

#54 Windsor West Hants Summer Festival

Occurs annually in the month of July and events include open food vendors, music, fireworks and a parade. For more information visit <http://windsorsummerfest.ca/>

#55 British Motoring Festival

A display of British cars at Kings-Edgehill School. Occurs annually in the month of July. For more information visit

<http://www.britishmotoringfestival.com/>

#56 Valley Pumpkin Festival

Occurs annually in the month of October. Visit www.valleypumpkinfest.com

#57 Hants County Exhibition

Occurs annually in the month of September.
10 Wentworth Street
Windsor, NS
www.hantscountyx.com

Museums

#58 Avon River Heritage

17 Belmont Road
Newport Landing, NS
757-1718

<http://www.arhs.ca/board-of-directors/>

#59 Haliburton House Museum

<http://museum.gov.ns.ca/hh/en/home/default.aspx>

#60 Shand House West

389 Avon Street,
Windsor, NS
798-8213

<http://museum.gov.ns.ca/sh/>

#61 Hants Historical Society Museum

Fort Edward Museum (Free)
West Hants Historical Society

281 King Street

Windsor, NS
798-4706

<http://www.westhantshistorysociety.ca/contact.html>

