There are numerous resources in communities across Nova Scotia to support trans* people. This list is not complete but we hope it helps you.

### prideHealth
A program that provides safe and accessible primary health care services for people who are gay, lesbian, bisexual, transgender, intersex and queer. prideHealth is an initiative of Capital Health in partnership with the IWK.

- P: prideHealth Nurse: 902-220-0643
- P: prideHealth Coordinator: 902-473-1433
- E: prideHealth@cdha.nshealth.ca
- W: http://prideHealth.ca

### Nova Scotia Resources

#### Nova Scotia Rainbow Action Project (NSRAP)
A province-wide advocacy group seeking equality for people of all sexual orientations and gender identities.

- P: 902-444-3206
- E: nsrap@nsrap.ca
- W: http://nsrap.ca

#### TransAction Society of Nova Scotia
A non-profit society that fundraises to offset the cost of everyday items for trans* people in need in Nova Scotia.

- E: transaction.ns@gmail.com
- F: http://facebook.com/TransActionNS

### Halifax-Based Resources

#### Elderberries
Elderberries is a monthly social group for GLBTIQ community members aged 50 and older.

- E: elderberries.scotia2@gmail.com
- W: http://facebook.com/NSElderberries

#### Halifax Sexual Health Centre
A clinic that offers free medical services, STI testing and counselling services.

- P: 902-455-9656
- W: http://hshc.ca
- A: 6009 Quinpool Road, Halifax

### Regional Resources

#### Cape Breton Transgender Support Group
A confidential support group that meets once a week in a safe and welcoming environment. Anyone who identifies as trans* is welcome and offered support and understanding during their journey.

- Madonna Doucette
  - P: 902-270-3719
  - E: madonna.doucette@bellaliant.com
  - W: http://aidscoalitionofcapebreton.ca

#### Nova Scotia Association for Sexual Health
There are seven sexual health centres across Nova Scotia. They offer free education, resources and services.

- W: http://nssexualhealth.ca
  - (Members’ site: http://nssexualhealth.ca/contact-us.html)
The Red Door
Confidential sexual health services and health education for all youth aged 13-30 in a judgment-free environment in Kentville.
P: 902-679-1411
E: info@theredoor.ca
W: http://theredoor.ca
A: 150 Park Street, Kentville

Valley Youth Project
An Annapolis Valley-based non-profit organization run by local volunteers to provide a safe and supportive space for LGBTQ youth and their allies to meet, share, and foster a community.
E: valleyyouthproject@gmail.com
W: valleyyouthproject.wordpress.com
A: Louis Millet Community Complex, 9489 Commercial St, New Minas

Wabanaki Two Spirit Alliance
Two-spirited people and their supporters.
E: w2salliance@gmail.com
W: http://w2sa.ca

Student Resources

Acadia Pride
A GLBTIQ student group at Acadia University.
E: pride@acadiau.ca
W: http://theasu.ca/acadiapride.htm

Allies @ Dalhousie
Supportive staff, faculty and students at Dalhousie University.
E: peerally@dal.ca, dalally@dal.ca
W: http://dal.ca/dalally

CBU Sexual Diversity Centre
Fosters a safe environment for LGBT students at Cape Breton University.
P: 902-563-1481
E: su_sdc@cbu.ca
W: http://cbusu.ca/services/sexual-diversity-centre

DalOUT
A GLBTIQ student group at Dalhousie University.
P: 902-494-2190
E: dalout@dal.ca
W: http://dalout.ca

GSN Network
A directory of Nova Scotia Gay Straight Alliances (GSAs). A GSA is a youth-led group that works to make schools safer for LGBT youth.
W: http://youthproject.ns.ca/gsa/

King’s P.R.I.D.E.
A GLBTIQ student group at the University of King’s College.
E: ilovekingspride@gmail.com

Mount Pride
A GLBTIQ student group at Mount Saint Vincent University.
E: mountpride@mountstudents.ca

NSCAD Queer Collective
A GLBTIQ student group at Nova Scotia College of Art & Design University.
E: nscadqueercollective@gmail.com
W: http://nscadqueercollective.wordpress.com

SMU-Q
A GLBTIQ student group at St. Mary’s University.
P: 902-496-8216
E: info@smuq.ca
W: http://smuq.ca

X-Pride
A GLBTIQ student group at St. FX University.
P: 902-867-4691
E: xpride@stfx.ca
W: http://people.stfx.ca/xpride/

National Resources

CPATH
The Canadian Professional Association for Transgender Health is a professional organization devoted to health care of people with gender variant identities.
E: info@cpath.ca
W: http://cpath.ca

Egale Canada
A national lesbian, gay, bisexual, and trans (LGBT) human rights organization. Their goal is to advance equality, diversity, education and justice.
P: 1-888-204-7777
W: http://egale.ca

PFLAG Canada
A national organization that provides personal, family and community-based support to anyone with questions or concerns about sexual orientation and gender identity issues. There are several PFLAG groups in Nova Scotia.
P: 1-888-530-6777 ext 226
E: gender@pflagcanada.ca
W: http://pflagcanada.ca

Trans Lobby Group
A group that educates the Canadian public and helps shape the political process with regards to the needs of trans* people, with a focus on health care and human rights.
W: http://translobbygroup.ca

Trans PULSE Project
A community-based research project that is investigating the health of trans* people in Ontario.
E: info@transpulselongterm.com
W: http://transpulseproject.ca

© 2013 Capital Health. All Rights Reserved. Last updated: July 4, 2013. For additional copies and related material, visit http://prideHealth.ca or contact prideHealth@cdha.nshealth.ca.