

MAKING CHOICES



Frequently Asked Questions

Can I speak for myself?

Yes, we prefer you do speak for yourself. If you wish, you can ask someone you trust to speak for you (and with you).

Can I refuse treatment? Or disagree?

Yes. For example, if you are asked to follow a special diet, you can refuse. But we would like to explain the pros and cons to you before you decide.

Can I change my mind?

Yes. For example, you can refuse to take a medicine even after you have been taking it for awhile. Simply let us know you have changed your mind and we will work with you to stop this medication.

Can I tell it like it is? And will you tell me like it is? I listen to you; you listen to me/us.

Yes. We want you to tell us what you need and what you expect from us. We want you to tell us about yourself so we will know you better. We will tell you the good and the bad. This means you will be included in decisions that could make a change in your life. We will share information with you and we ask you to do the same.

What if I disagree?

You can make your own choices as long as it will cause no harm to others. For example, lighting candles in your room is a fire risk.



Will you treat me as “unique” or will you treat me like everybody else?

You ARE an important person here. We will care for and about you as a person with special wants and needs.

Will you explain things in a way I can understand?

Yes we will. Please remind us if we forget. We want to be sure that you understand. Please ask questions. If you still do not understand, please ask again.

Do I decide how I spend my day?

Yes, with limits. This is your home. It is also the home for other people. Like all homes, we have to learn to give and take. For example, you can have a TV in your room but if it is too loud for others, we may ask you to use earphones. At times, we may need to discuss what is best for you and those around you. Keep in mind that we are open to creative and new ideas that may resolve issues as they come up and help meet the needs of you and those around you.

Is someone or something stopping you from making choices?

If so, talk to us. You may also want to talk to a patient representative at **(902) 473-2133** or **1-855-799-0990**. More information about making informed choices can be obtained from Capital Health Ethics Support at **(902) 473-1564**.