



Providing Support During a Strike

Shepell.fgi recognizes the potential for emotional and psychological stress on employees and management during a strike. This document outlines supports that Shepell.fgi provides before, during and after a strike.

Any Time and During the Strike

Shepell.fgi has materials that offer supportive information during stressful situations. These are included on the hospital website.

Of course, the EFAP is available for employees and family members to access 24 hours a day to arrange for counselling or to get advice on how to deal with difficult situations at 1-800-461-5558.

The EFAP is also available for Managers at any time to assist in supporting them with any challenges they may face in their role. Managers can simply call 1-800-461-5558 and identifying him or herself as a Manager or Supervisor in need of support.

Post Strike

Emotions will be running high after a strike. Work teams that may have been at odds with one another during the strike may immediately find themselves needing to work together as team members. There will be leftover emotions and team cohesion issues with which to deal. Left alone, these problems can fester and result, down the road, in greater problems which may include reduced quality of client care.

Shepell.fgi will offer, upon request, to meet with work groups to assess issues and facilitate teams to resolve those issues associated with the strike. Emotional debriefing and team building will be the goals of these interventions.

To access this service, call Pam Currie at 473-3792