







ESS Overview

Employee Self-Service

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Employee Self-Service (ESS) provides you with easy access to information and services. This page gives you an overview of everything you can access through ESS.



Personal Information

Manage your personal information and banking information.



Benefits and Payment

View your benefit plan enrollment and display your pay advice.



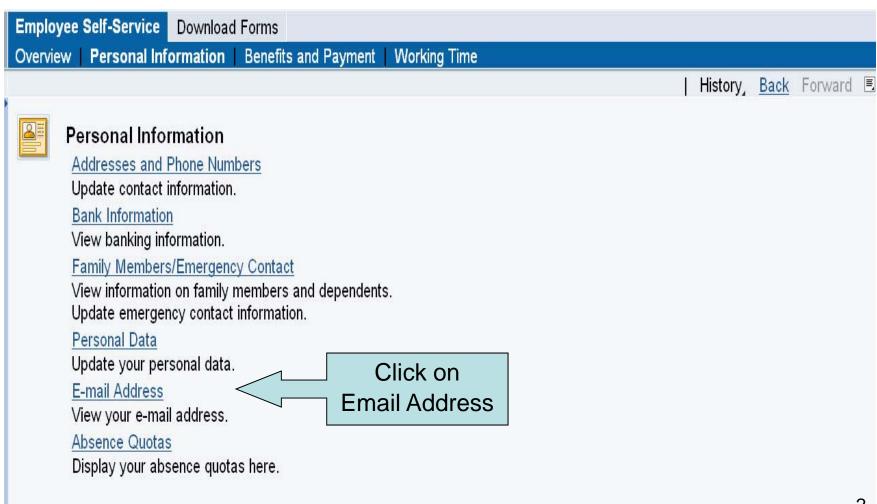








Personal Information: Email Address

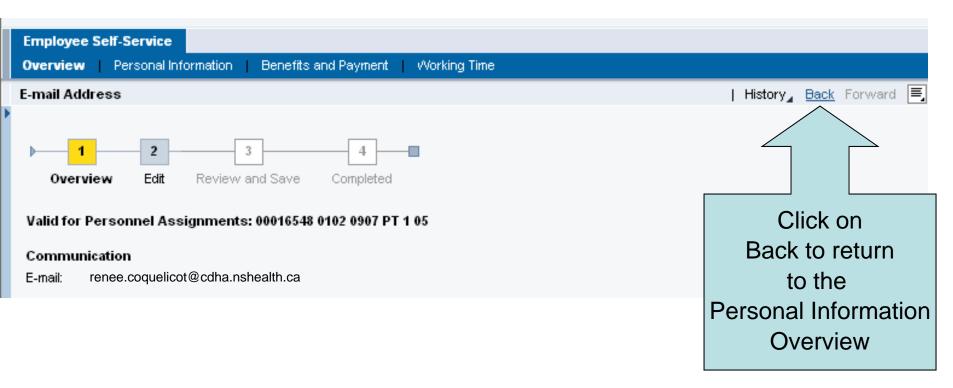








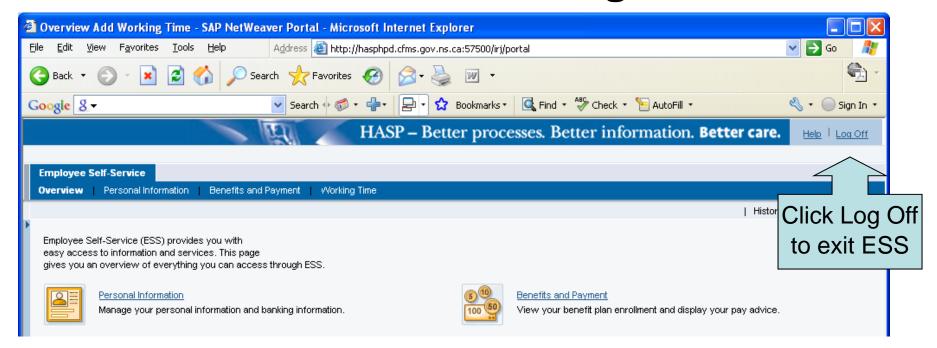
Overview: Email Address







ESS Overview: Log Off





Please note that it is very important to Log Off ESS when you are finished with your session, especially when using a shared computer.





For More Information

For more information on ESS, please contact:

- Please ask your Manager First
- Further questions email **PeopleSofthelp@cdha.nshealth.ca**