



Capital Health

Diagnostic Imaging Department
PREPARATION FOR ULTRASOUND

Abdominal:

Nothing to eat or drink after midnight the night before the examination.

Aorta:

Nothing to eat or drink after midnight the night before the examination.

Kidneys:

Drink 24 ounces of any fluid 1 ½ hours before examination. Do not void as the bladder must be full.

Liver/Renal Mass – Needle Biopsy

Nothing to eat or drink after 10:00 p.m. the night before the examination.

Pregnancy – 1st Trimester:

Drink 32 ounces of water 1 hour before examination. Do not void as the bladder must be full.

Transabdominal:

Drink 32 ounces of water 1 hour before examination. Do not void as the bladder must be full.

Transvaginal:

Drink 32 ounces of water 1 hour before examination. Do not void as the bladder must be full.