



PO BOX 9000  
Halifax, NS B3K 6A3

Your patient is booked for a **BRAIN SCAN**

Please notify your patient of appointment time, date, and preparation instructions:

- Report to PET Registration 2<sup>nd</sup> floor Victoria Building
- Patient must fast for 5 hours prior to exam however it is encouraged to drink water beforehand
- No gum, mints or sugar of any kind
- No strenuous activity for 24 hours prior to exam, light activity only

Because the rooms may be cool and to help prevent patients losing their personal items, it is recommended that patients for Nuclear Medicine tests:

- Wear warm comfortable clothing
- Wear clothing without metal buttons or zippers
- Leave jewellery at home (if possible)
- Empty pockets before the tests

Please call the PET message line at 902-473-5971 to confirm your appointment and with any questions or concerns you may have.

Thank you.

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