

Time Out:

For internal use only.

For Internal Use only:

Date Booked: _____
 Booking Location: _____
 Appointment Time: _____

Site Preference:

Bone Densitometry Consultation Request

Requisition will be returned if the following information is not provided.

PATIENT INFORMATION

Health Card # _____ DOB: YYYY/MM/DD _____

Surname _____ First Name _____ Initial _____ Telephone _____

Address _____ City _____ Postal Code _____

WCB # (where applicable) _____ MRSA/VRE Positive? Y N

Mode of Transport: Ambulatory Chair Stretcher Portable
 If exam is for research purposes, provide Account #: _____

COPY TO:

PATIENT IDENTIFICATION (For internal use only)

MAJOR RISK FACTORS WHICH INFLUENCE FRACTURE RISK

1. Fragility Fracture* (including vertebral fractures)

Y N

If yes, please list all sites: _____

*Defined as a fracture after age 40 that occurs spontaneously or after minor trauma such as a fall from standing height or less, EXCLUDING craniofacial, hand, ankle, and foot fractures. Does NOT include pathologic fractures (for example through bone metastases) or stress fractures (due to repeated stress through normal bone, as may occur in runners for example).

2. Steroid Use (At least 3 months cumulative therapy in the previous year at a prednisone equivalent dose \geq 7.5mg daily)

Y N

INDICATION FOR STUDY (mandatory for first study) (CMAJ 2010 Nov 23; 182(17):1864-1873)

- Age \geq 65 yr** (both women and men): age is sufficient indication
- Age $<$ 50 yr:** clinical risk factors:
 - Fragility fracture
 - Prolonged use of glucocorticoids*
 - Use of other high-risk medications⁺
 - Hypogonadism or premature menopause (age $<$ 45yr)
 - Malabsorption syndrome
 - Primary hyperparathyroidism
 - Other disorders strongly associated with rapid bone loss and/or fracture
- Age 50-64** (menopausal women, men): clinical risk factors:
 - Fragility fracture after age 40 yr
 - Prolonged use of glucocorticoids*
 - Use of other high-risk medications⁺
 - Parental hip fracture
 - Vertebral fracture or osteopenia identified on radiography
 - Current smoking
 - High alcohol intake
 - Low body weight ($<$ 60kg) or major weight loss ($>$ 10% of body weight at age 25 yr)
 - Rheumatoid arthritis
 - Other disorders strongly associated with osteoporosis: _____

* At least 3 months cumulative therapy in the previous year at a prednisone-equivalent dose \geq 7.5mg daily.

⁺ For example, aromatase inhibitors or androgen deprivation therapy.

FOR FOLLOW UP STUDIES

Site (must be same as previous to allow comparison): _____ Requested Date: _____

COMMENTS

Currently on osteoporosis-specific medications, such as bisphosphonates: Y N

Surgery or bone disease of the hips or lumbar spine? For compression fracture, specify level: _____

Other comments: _____

REQUESTING PHYSICIAN INFORMATION

Physician's Name: _____ Signature: _____

Telephone: _____ Fax: _____ Date: (YYYY/MM/DD) _____

