

HIGH FIVE Principles and Sun Safety

How to make the connection for your leaders

2
FRIENDS care about each other.
Encourage children to watch out for each other's sun safety.

3
Children learn by **PARTICIPATING**.
Give children the opportunity to share suggestions of how to make outdoor activities/spaces even more sun safe.

4
Incorporate **PLAY** into sun safety.
From rainy day activities to Sun Safety Superstars. Make learning about sun safety fun!

1
CARING ADULTS lead by example.
Wear sun safe clothing, wide-brimmed hat, sunglasses, lip balm and sunscreen (SPF 30+).

5
Children **MASTER** skills when they practice.
Encourage parents to have their children practice the skill of applying sunscreen at home.



TRAINERS – When discussing safety as one of the guidelines, mention sun safety as a component and distribute the sun safety resource to leaders.



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