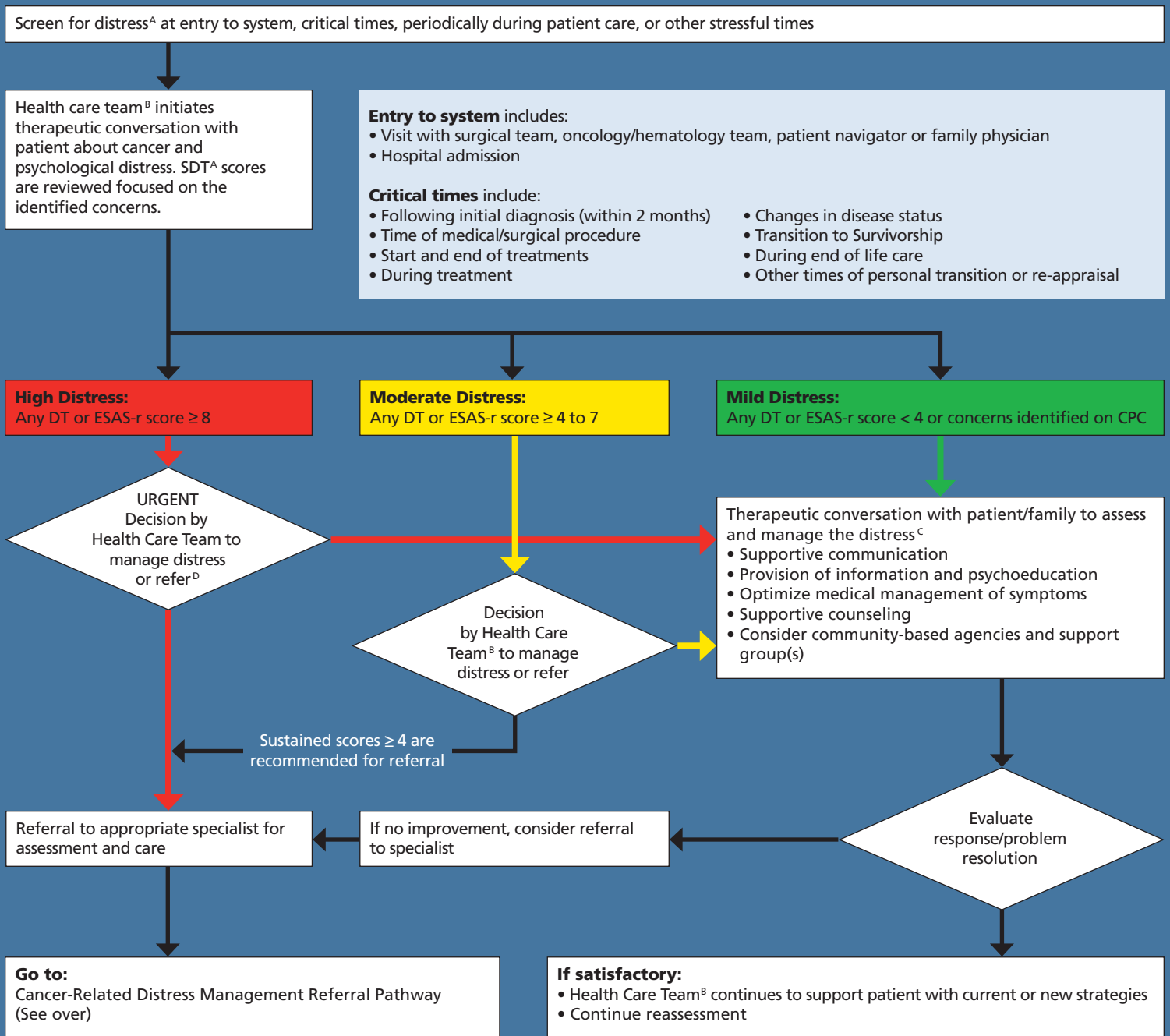


Screening for Cancer-Related Distress Algorithm

Quick Reference Card



A. Patient completes Screening for Distress Tool (SDT), which includes Distress Thermometer (DT), Edmonton Symptom Assessment System-revised (ESAS-r) and Canadian Problem Checklist (CPC). In some circumstances, the patient may need assistance to complete the SDT (see Chapter 6).

B. The Health Care Team may include surgeons, oncologists, hematologists, family physicians, nurses, social workers, psychologists, patient navigators, and other health care professionals (HCPs).

C. See Chapters 3 and 4 for communication approaches.

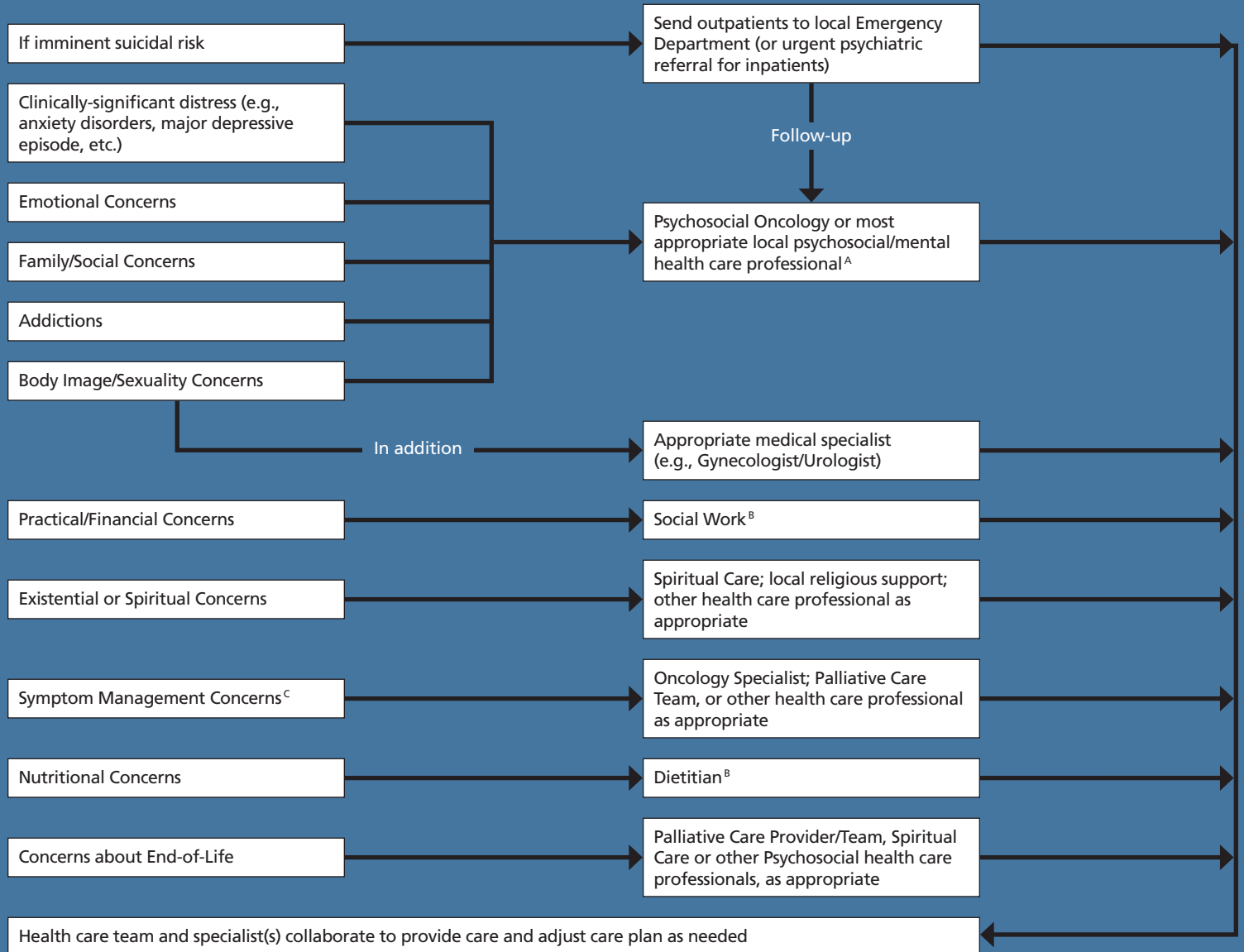
D. Most patients with HIGH distress will require referral.

Cancer-Related Distress Management Referral Pathway

Quick Reference Card

Distress Problem(s) Identified

Referral Option(s)



A. Psychiatrist, Psychologist, Social Worker, Patient Navigator, Advanced Practice Nurse, Spiritual Care, etc.
 B. If identified health care professional not available, referral to the district Patient Navigator or family physician.
 C. Pain, Fatigue, Nausea/Vomiting and Sleep for example, refer to symptom management clinical practice guidelines.