



QUICK REFERENCE CARD

Colon Cancer Screening Guidelines

A. DIAGNOSTIC WORKUP

Symptomatic
individuals
at any age

In particular, individuals with new onset abdominal pain, changed bowel habit, rectal bleeding or iron-deficiency anemia, weakness or malaise, unexpected weight loss.

B. SCREENING

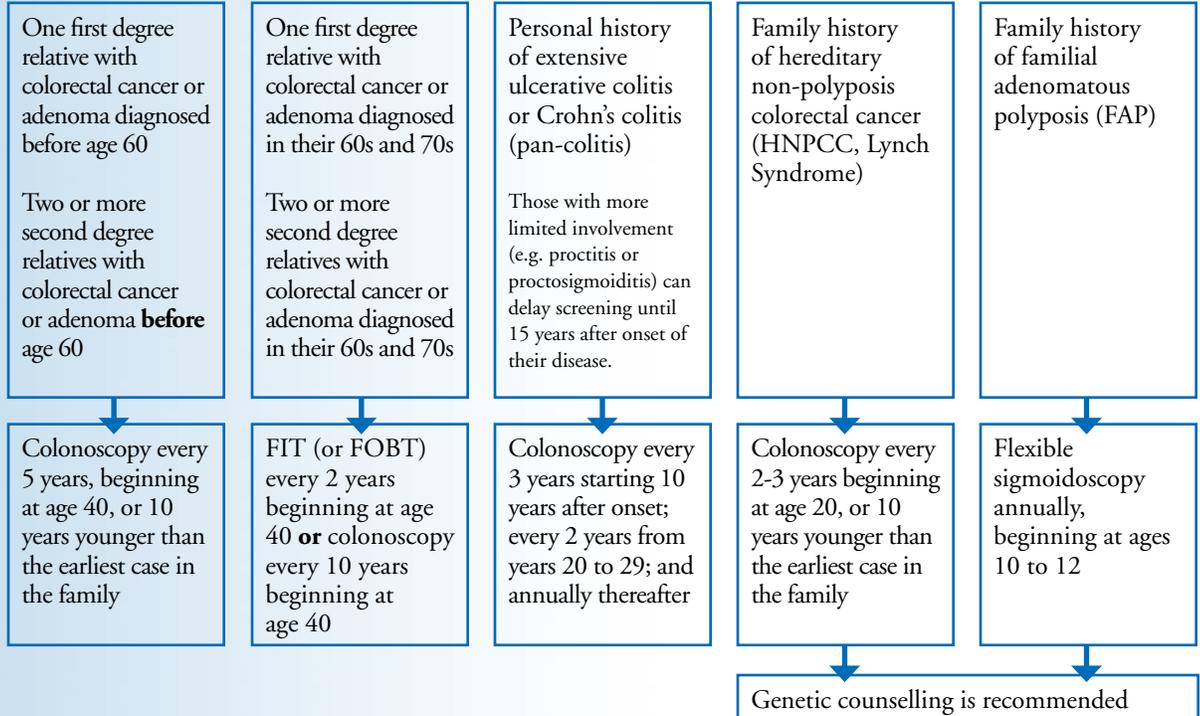
Asymptomatic
individuals at
AVERAGE risk

Individuals aged 50-74 with NO personal history of:

- colorectal cancer or adenomatous polyps
- inflammatory colitis (ulcerative or Crohn's colitis) for >8 years
- a close relative with colorectal cancer or adenoma

Fecal Immunochemical screening (FIT) every 2 years through CCNS's Colon Cancer Prevention Program
Until the program is implemented throughout the province, guaiac-based testing (e.g. Hemoccult) should be used.

Asymptomatic
individuals at
INCREASED risk



Individuals 75 and over require individual consideration taking into account past history, co-morbidity, etc.