Even After a Cancer Diagnosis

It's Never Too Late To Assist Your Patient to Stop Tobacco Use

Brief Tobacco Intervention for Patients with Cancer

Ask every new patient about tobacco use and document as per site standards. **Tobacco Screening** Positive NO Have you used any form of tobacco (e.g., cigarettes, cigars, chewing reinforcement. tobacco, electronic cigarettes) in the last 6 months? Document patient response as per YES site standards. Ask what type, how much, how often and last use. **STOP** Inform of NSHA Smoke and Tobacco Reduction Policy. Advise to guit (remain tobacco free) with personalized message (tailor to cancer type, stage and treatment). Provide relapse prevention advice to recent quitters (within last year). Advise to reduce exposure to second-hand smoke Education & Assessment where possible (e.g., home and vehicle). Document as per site standards. It is never too late to stop using tobacco. Quitting (remaining tobacco free) may improve your response to treatment and decrease side effects. A tobacco-free environment will promote the health of everyone in the home and help prevent relapse. "It is best practice to refer you to Tabacco Free Nova Scotia for cessation support." Obtain patient signature on TFNS Fax Referral Form PATIENT SIGNATURE NOT RECEIVED PATIENT SIGNATURE RECEIVED To support a quit attempt or continued abstinence: Leave open offer of support. **Tobacco Treatment Plan** Provide self-help materials. 1. Prescribe cessation aids (NRT/Pharmacotherapy) for ambulatory patients as appropriate. Provide information on self-referral to 811. 2. Fax referral to Tobacco-Free N.S. (or other available zone service) for cessation, counselling and Document as per site standards. programs. 3. Provide patient with self-help cessation resources. 4. Document as per site standard.

