

#### Continuing Care Fall Forums 2019

#### **Attraction and Retention Initiatives**

Attracting individuals to the sector to......

Enhance the sectors' capacity to recruit and retain an inclusive, healthy, resilient and sustainable workforce through career promotion and stimulating the development of professional workplace practices.

#### Resources www.hcsc.ca

#### Career Videos and Brochures

- CCA Long Term Care https://youtu.be/aDfDAnv8huc
- Home Support <a href="https://youtu.be/nkiWK7uTQuw">https://youtu.be/nkiWK7uTQuw</a>
- RCW Homes for Persons with Disabilities https://youtu.be/DOwKsUDsysc

#### Resources www.hcsc.ca

A Self Assessment Tool for Career Seekers
Career explorers can assess fit for
careers in continuing and
community care sector

Employer Profiles – Voluntary Basis
Include: Mission Statements/Purpose
Size of organization
Positions within organization
Contact

# Career Toolkit for Continuing and Community Care

- A Resource for Career Practioners and Employers to provide information on and promote continuing and community care careers including CCAs.
- Information can be added or deleted at any time to ensure up to date and is available on the Council's website <u>www.hcsc.ca</u> or in hard copy.

# Delivery of the Nursing Leadership in LTC (RN/LPN) 2019.20

 Phase 11 from the Development of Delivery of a standardized nursing leadership program by RNPDC (Registered Nurses Professional Development Centre) with support of the Council.

### **Nursing Leadership and Orientation Program 2019.20**

- 2 day program developed based on best practices and Beta tested across 4 health zones (Feb-April 2019)
- 4 hour Managers session added
- Leadership skills pre and post evaluation
- Set goals with Manager and evaluate
- 4 week post- workshop self evaluation

### Delivery of the Nursing Leadership Program 2019.20

- 6 deliveries: ½ day Supervisor/ Manager Sessions and 2 day Nurse Leadership Sessions facilitated by RNPDC
- Sessions underway Berwick, Port Hawkesbury, New Glasgow, Amherst and Liverpool.

### Nursing Leadership and Orientation Program

- Halifax's Managers session Nov.21st and LPN/RN sessions Nov.22nd and Dec.11th.
- Enquiries training@hcsc.ca

### Nursing Leadership and Orientation Program

- Standardized Nursing
   Orientation
- Recommendations only
- Based on Inter-professional Practice and Transition to Practice model

#### TWM-The Mental Health Continuum

#### MENTAL HEALTH CONTINUUM MODEL

REACTING INJURED ILL HEALTHY · Normal fluctuations Nervousness, irritability. · Excessive anxiety, easily Anxiety, anger, pervasive sadness in mood sadness, hopelessness · Normal sleep patterns Trouble sleeping Restless or disturbed sleep Unable to fall or stay asleep · Physically well, full · Tired/low energy, muscle Fatigue, aches and pains Exhaustion, physical illness. of energy tension, headaches Decreased performance, Unable to perform duties. Procrastination Consistent performance presenteeism · Socially active Decreased social activity Social avoidance Isolation, avoiding or withdrawal ACTIONS TO TAKE AT EACH PHASE OF THE CONTINUUM · Focus on task at hand Recognize limits · Identify and understand Seek consultation own signs of distress as needed · Break problems into · Get adequate rest. · Talk with someone food and exercise · Follow health care provider manageable chunks · Identify and nurture · Engage in healthy · Seek help · Regain physical support systems coping strategies · Seek social support · Identify and minimize Maintain healthy lifestyle instead of withdrawing stressors

#### The Working Mind 2019.20

- LTC; Home Supports; Disability Supports
- 3 Council facilitators trained
- 20 Full day sessions (full day Manager Supervisor and ½ day Front Line Staff
- To date 12 delivered, remaining 8 scheduled
- 231 Staff Trained.
- Enquiries stewart@hcsc.ca

### CPI Non-Violent Crisis Intervention (NVCI) 2019.20

- Raise capacity for NVCI training within Continuing Care sector
- Trained 6 instructors (2 Council and 4 within each of the health zones)
- Original funding 2019.20 for delivery of 12 one day sessions
- All sessions delivered or scheduled by Nov 1st - 20 organizations and 250 staff.

### CPI Non-Violent Crisis Intervention (NVCI) 2019.20 Extension

- 18 additional training days
- Work beginning on scheduling.
- Enquiries stewart@hcsc.ca

#### **Home Support Initiatives 2019.20**

- Funding through the Canada and NS agreement in home and community care and mental health and addictions Service Funding Agreement.
- Targeted funding by Continuing Care Branch to support Organizational Training in the Home Support Sector

#### Home Support Leadership Program Central Zone and Refresher Sessions

- Central Zone Home Support 3 day workshop delivery October 22, 23 and Nov 5<sup>th</sup>
- Facilitator Alison MacEachern
- Collect data through survey and interviews with participants in previous 4 deliveries and design new materials/exercises for refresher session in each of the zones.

# **Development of an Orientation**Resource for Employers of CCAs in Home Support

- Project Consultants PMA Workforce Development Solutions
- Beneficial to both the new employee and the organization by
  - Shortening new employee learning curve, increasing productivity
  - Facilitates policy and procedures compliance
  - Improves job satisfaction and promotes communication between manages and staff

# **Development of an Orientation**Resource for Employers of CCA's in Home Support

- Project Advisory Group (PAG) provide support to the initiative
- Inventory of available resources and literature review
- Research current models including those in the sector
- Employer and CCA key informant interviews
- Pilot and develop final tool, communications plan

# Home Support Nova Scotia Training Fund

#### Purpose of the fund

- To foster skills to support practices in client care, improve productivity and quality of work life
- Increase innovation in recruitment and retention
- Support leadership and staff development
- Adapt new technology, equipment or work processes
- Foster workplace diversity

# Home Support Nova Scotia Training Fund

#### Not eligible

- Legislated or regulated mandatory training
- Information training and/or training by internal staff or trainers
- Training included with purchase of new equipment
- Conference participant fees

# Home Support Nova Scotia Training Fund

- Eligible Trainers
  - Third party
  - Qualified to provide training
  - Not immediate family or principal in the organization

Training must be completed by March 31, 2020 Apply on line at <a href="https://www.hcsc.ca">www.hcsc.ca</a> application portal

# **Enquiries regarding the Home Support Initiatives**

Everest@hcsc.ca

#### Thank you.

#### Questions!

