



## MB Urine Collection Instructions Men New no cleaning

Final Approval: Dr. Todd Hatchette

### **MEN**: HOW TO COLLECT A URINE SPECIMEN FOR CULTURE

Urine that touches the surrounding skin will contaminate the sample.



**Step 1.** First wash your hands.

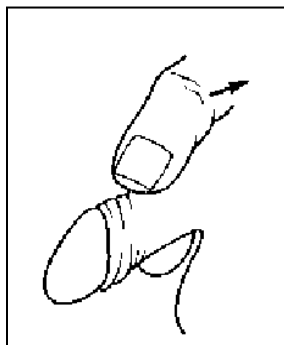
**Step 2.** Remove the cap of the sterile container(s), being careful not to touch the inside of the cap or container.

**Step 3.** If you are uncircumcised, retract the foreskin completely.

**Step 4.** Keep your foreskin retracted during voiding.

**Step 5.** Briefly stop the stream and then void into the container (1/2 full only).

If you are required to collect two samples, use bottle #1 to collect the first part of your urine and bottle #2 to collect the remainder.



**Step 7.** Replace the container cap tightly.

**Step 8.** Write your name and Health Card number are on the container(s).

Please assure the following:

1. Your name, Health Card #, date and time of collection are on **both** the container and the requisition.
2. The requisition must also have your physicians name and address.
3. Samples should be dropped off within 1 hour of collection.



**Specimens not collected at the Blood Collection Lab MUST be dropped off at:**

**Central Accessioning  
Main Floor Mackenzie Building  
5788 University Avenue**