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# Memorandum

To: Capital Health Physicians, Health Services Directors  
From: Dr. L. Geldenhuys, Chief of Service, Anatomical Pathology Division  
Date: November 18, 2013  
Subject: Fat Pad Biopsy for Amyloid

When a fat pad biopsy is performed to investigate for amyloid, it is recommended NOT to perform a fine needle aspiration biopsy, since the yield is very low. Instead it is recommended that:

1. The procedure only be performed if there is a high index of suspicion
2. Several large core needle biopsies be taken, placed in formalin, and submitted to the Anatomical Pathology Laboratory
3. The requisition state FOR AMYLOID INVESTIGATION

If you have any questions, please contact Laurette Geldenhuys at 473-7334.

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