



Capital Health

MEMORANDUM

To: Capital Health Inpatient, Emergency and Outpatient clinics, Physicians, Health Service Managers, Nurse Practitioners

From: Dr. Manal Elnenaei, Dr. Bassam Nassar, Dr. Amy Lou, Ms Cindy Andrews
Division of Clinical Chemistry

Date: September 3, 2014

Subject: **Changes to the Inpatient and Clinic Requisition Form**

To promote better utilization of laboratory testing, the following have been removed from the Inpatient and Clinic requisition form CD2A:

Tests that will be removed from Inpatient/ Clinic requisition form	Reason
Bioavailable Testosterone	Total testosterone should be used as first line screening.
Barbiturate (total)	This will no longer be available as an in-house test and will be referred out as necessary.
Urine Pregnancy Test	We encourage the use of serum HCG to test for pregnancy since it is more reliable than the urine test and provides quantitative results.
'Other body fluid'- ALT, AST, Chloride, calcium & uric acid	These have been discontinued by the lab due to lack of clinical correlation & appropriate analytical validation for their use.
Stool Occult Blood	We would like to discourage the use of this test for screening for colon cancer. For this purpose refer to the Nova Scotia Colon Cancer Prevention Program http://www.cancercare.ns.ca/en/home/preventionscreening/coloncancerprevention/default.aspx

If you have further questions about this issue, please contact Dr. Elnenaei at 902-473-5194, Dr Lou at 902-473-1528 or Dr. Nassar at 902-473-2225

CC. Ms.Shauna Thompson, Dr. Godfrey Heathcote, Ms Sandy Schlay, Ms Faye Lively