

Pathology and Laboratory Medicine Memorandum

To: Central Zone Healthcare Providers and Health Service Directors

From: Pathology and Laboratory Medicine – Central Zone

Date: August 31 , 2021

Subject: Reinstating Trutol (50g–GCT) for Gestational Diabetes Mellitus (GDM) Screening in Central Zone

Effective September 13, 2021, Pathology and Laboratory Medicine (PLM) Central Zone will be reinstating the one-hour Trutol (50g–GCT) test for GDM screening for pregnant females between 24 to 28 weeks' gestation. This will be a change back to what was offered prior to the alternative GDM screening approach that has been in place as a temporary COVID related measure.

Caregivers will no longer be required to order the HbA1c and random glucose in place of the 50g–GCT, and all 50g–GCT tests will be processed as requested.

For questions or concerns, please contact:

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