



**Re: eLearning Preparation Pilot for Bariatric Surgery in Nova Scotia**

The wait times for Bariatric Surgery in Nova Scotia have been identified as the longest in the country. In response, the NSHA Bariatric Surgery clinic is attempting to trial a new opportunity to assist patients in the process for preparing patients for surgery.

The current preparation process for bariatric surgery involves all prospective patients being seen in the Bariatric Surgery Clinic. A primary function of the clinic is to coach patients to adopt behavior change that is associated with successful long term weight loss when combined with bariatric surgery. Once patients have documented the necessary lifestyle changes they are approved for surgery.

In the eLearning preparation pilot, the goal is to move the coaching and documentation of lifestyle change to the referring providers as well as have patients engage in eLearning to support behavior changes using website posted materials. Posted materials will be accessed on this website to the left under the tab eLearning Preparation for Bariatric Surgery Pilot.

If you are involved in this pilot, go to the eLearning Preparation for Bariatric Surgery link to the left on this website.