



# Capital Health

Mental Health Day Treatment Program

## Referral Form

5909 Veterans Lane  
Halifax, Nova Scotia B3H 3G2  
Telephone (902) 473-2500  
Fax: (902) 473-7126

Chart # \_\_\_\_\_

Please complete Referral Form and forward to Program Coordinator, Mental Health Day Treatment Program.

NAME: \_\_\_\_\_ DATE OF REFERRAL: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_ AGE: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

FAMILY DOCTOR: \_\_\_\_\_ M.S.I.: \_\_\_\_\_

NAME OF UNIT REFERRING: \_\_\_\_\_

REFERRED BY: \_\_\_\_\_ PHONE: \_\_\_\_\_

\_\_\_\_\_ INPATIENT \_\_\_\_\_ OUTPATIENT \_\_\_\_\_ PRIVATE PSYCHIATRY

**Brief History and Duration of Problems:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Diagnostic Impression:** \_\_\_\_\_

\_\_\_\_\_

**Specific Treatment Goals:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Living Arrangements / Will Living Arrangements change within next 3 months?** \_\_\_\_\_

\_\_\_\_\_

**Community Supports:** \_\_\_\_\_

**Source of Income:** 1) Employed ( ) Where: \_\_\_\_\_

Employment Benefits:  LTD  STD  CPP

Other: name \_\_\_\_\_

2) Unemployed ( )

EI  Income Assistance  Family Support



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**History of Drug and Alcohol Abuse:** \_\_\_\_\_

**Currently is there Substance Abuse?** Yes  No

**Are they arranging Treatment for Addiction Issues?** Yes  No

**Relevant Medical Conditions/Physical Disabilities:** \_\_\_\_\_

\_\_\_\_\_

**Present Medications:** \_\_\_\_\_

\_\_\_\_\_

**Medication Coverage:** Yes \_\_\_\_\_ No \_\_\_\_\_

**Additional Information:** (Include previous psychiatric treatment and history of violence or self harm): \_\_\_\_\_

\_\_\_\_\_

**Has the Patient experienced Psychosis within the last six month?** Yes  No  Please describe: \_\_\_\_\_

\_\_\_\_\_

**If transportation needs to be arranged, (i.e. funding for bus tickets), it is the responsibility of the referrer and patient to make these arrangement in advance.**

**Regular psychiatric follow-up by:** \_\_\_\_\_

**Date of appointment:** \_\_\_\_\_

At the time of **Assessment Interview** the following information is required: Psychiatric Assessment, Recent Mental Status Exam and Lab Data. Please include Admission Summary and Psychological Assessment, if available.

**Anticipated date of Discharge from Inpatients:** (if applicable) \_\_\_\_\_

\_\_\_\_\_  
Signature (Legibly please)

\_\_\_\_\_  
Physician or Mental Health Clinician