The Geriatric Ambulatory Care/Memory Disability Clinic sees mostly seniors (65 and over) with health problems related to frailty or dementia. A request needs to be sent by your family doctor or other primary care practitioner as consultations are on a referral basis only.

Location
The Clinic is on the 1st floor of the Veterans’ Memorial Building (VMB), on the corner of Robie Street and Veterans’ Memorial Lane (formerly part of Jubilee Road) next to the Abbie J. Lane Memorial Building and the Halifax Infirmary.
What to bring
Please bring your medications or a complete list of your medications. It is best to bring all your medications with you in their original packaging. Our assessment almost always requires interviewing someone who knows you well. Please bring a family member or close friend with you.

What to expect
The first visit is usually between 1-3 hours, depending on the nature of your problems. Most patients see a nurse and a doctor (geriatrician or neurologist). Many patients also see a medical resident or medical student, or other learners such as nurses or pharmacists.
You can expect to have an interview by the Clinic staff, have your vital signs taken, and a physical exam. We will ask to review your medications. We will ask to also interview someone who knows you well, most often the person you bring to the appointment with you.

At the end of your appointment, we will explain to you what we think the issues are, our recommendations for treatment, and recommend helpful community resources if possible. Depending on the nature of your problems, we may make referrals for tests or to see other specialists. We may want to bring you back for a follow-up appointment.
Questions
If you have any questions about your appointment, please call the Clinic at 902-473-4822.

If you are a primary care practitioner and wish to make a referral, see the documents section here:
www.cdha.nshealth.ca/geriatric-medicine/documents
If you have any questions, please ask. We are here to help you.

Looking for more health information?
This pamphlet and all our active patient pamphlets are searchable here: http://bit.ly/NSHApamphlets
Contact your local public library for books, videos, magazines, and other resources.
For more information go to http://library.novascotia.ca

Nova Scotia Health Authority promotes a smoke-free, vape-free, and scent-free environment.
Please do not use perfumed products. Thank you!

Nova Scotia Health Authority
www.nshealth.ca

Prepared by: Geriatric Ambulatory Care Clinic ©
Designed by: Nova Scotia Health Authority, Central Zone Patient Education Team
Printed by: Dalhousie University Print Centre

The information in this brochure is for informational and educational purposes only.
The information is not intended to be and does not constitute healthcare or medical advice.
If you have any questions, please ask your healthcare provider.

WT85-1617 Created February 2016
The information in this pamphlet is to be updated every 3 years or as needed.