Tympanoplasty and Ossiculoplasty

Dr. M. Bance

Operation Information and Post-Operative Instructions

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Operation Information and Post-Operative Instructions

Please read this pamphlet and show it to your family or friends who will be helping you after surgery.

Your surgery will be performed by:
Dr. Manohar Bance
Dickson Building, room 3184
Victoria General (VG) site
QEII Health Sciences Centre
1278 Tower Road, Halifax NS B3H 2Y9

Office number: 902-473-5975
Administrative Assistant: Debbie Blake
For emergencies, ask for the ENT (Ear, Nose, Throat) resident on call: 902-473-2222
Day of surgery

Just before surgery

- Before the surgery, Dr. Bance or one of the residents will talk with you. We will mark which ear is being operated on. We will also check again if you have any allergies, and check which operation you think you are having, for our safety checklist.

- You will meet the anesthesiologist outside the operating room, and he or she will talk with you.

- The operating room nurse will also check that you are ready for surgery, and are having the operation we have listed, on the side of your head we have listed.

- Please give the liaison nurse a phone number or location where your family or friends will be sitting in the waiting room (there are 3 waiting rooms). Dr. Bance will come down and talk to them, or call them.

- If you need any forms filled out for work, leave them with the doctor now, or you can bring them to your first post-operative visit.

What are your questions?
Please ask. We are here to help you.
Right after surgery

• You will go to the recovery room, and will stay there for 1-2 hours, until you are awake enough to protect your airway. Your family cannot be with you in the recovery room, except for special circumstances.

• If you are booked as a day surgery patient, you may be able to go straight to the outpatient recovery area, and home from there.

• If you are booked to stay overnight, you will go down to your room when you are ready. This is usually on Unit 3B on the 3rd floor of the Centennial Building, but may change if this floor is full.

• If you have sleep apnea and use a CPAP machine, you will go to our sleep apnea monitoring floor on Unit 6A or 6B instead.

• The doctor will usually come and see you at the end of the day.

When you are discharged

The residents or fellow will check your hearing and check for any balance problems.

You will get a prescription for pain medication, and for antibiotic/steroid eardrops (Ciprodex®). Check that you have your return appointment time. This should be on your operating room booking letter that you got from Debbie. If not, call Dr. Bance’s office: 902-473-5975.
At home

- You cannot fly for 10 days after the date of your surgery.
- Avoid rough or contact sports for 6 weeks after your surgery.
- Cough and sneeze with your mouth open for 6 weeks after your surgery.
- Use Polysporin® (any type, unless allergic to it) on the small incision (cut) at the opening of your ear canal, which has dissolvable stitches.
- Use a cotton ball in the ear as needed to catch liquid drainage or blood. This should be changed regularly. A little bit of bleeding is normal in the first couple of days. If there is a large amount of bleeding, call Dr. Bance’s office.
- If changing the cotton ball catches the deeper packing and pulls it out of the ear, cut off the part that came out and leave the rest of the packing in place inside the ear.
- Leave the packing in place inside the ear until your first post-operative visit.
- Use 4 Ciprodex® ear drops twice a day for 7 days. Try to wet the packing inside your ear canal by letting the drops run down into your ear.
- You can shower and wash your hair 24 hours after surgery. Your stitches and dressing can get wet.
• Before you shower, use a cotton ball soaked in Vaseline® to cover your ear canal, so that water doesn’t go inside the ear.
• You will have lots of popping and crackling noises in your ear, especially when you swallow. This is normal.

First visit after surgery (10-14 days)
• We will take out your ear packing. This is not usually painful, but the suction can be loud in your ear.
• We will briefly check your hearing and balance.
• We will give you a prescription for ear drops to use for another 7 days.
• Keep covering your ear canal with a cotton ball soaked in Vaseline® when you shower for another week after this visit.

Second visit (6-8 weeks)
• Check that this second visit is booked with an audiogram (hearing test) (when you book this visit with Debbie after your first visit, make sure to tell her it is with an audiogram).
• Register with the clinic, and tell them you have a hearing test first. They will send you to Audiology before Dr. Bance sees you.
• We will clean out the ear some more and check the results of your hearing test.
Third visit (1 year)
- Make sure that this visit is booked with an audiogram when you book it with Debbie.
- We will make your follow-up plans depending on your healing. This may be every year or two, or more often, or shared with your primary ENT (Ear, Nose, Throat) doctor who referred you.

Notes:

Looking for more health information?
Find this pamphlet and all our patient resources here: http://library.nshealth.ca/PatientGuides
Contact your local public library for books, videos, magazines, and other resources.
For more information go to http://library.novascotia.ca

Nova Scotia Health Authority promotes a smoke-free, vape-free, and scent-free environment.
Please do not use perfumed products. Thank you!
Nova Scotia Health Authority
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The information in this brochure is for informational and educational purposes only. The information is not intended to be and does not constitute healthcare or medical advice. If you have any questions, please ask your healthcare provider.

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The information in this pamphlet is to be updated every 3 years or as needed.