

2014

Continuing Care Nursing Service in the Musquodoboit and Sheet Harbour Areas

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The Continuing Care nursing team provides holistic nursing services to clients of all ages in their home. To access our services, ask your physician for a referral or call toll free: 1-800-225-7225.

Some of the services we provide include:

- Palliative care
- Wound care, including suture and staple removal
- Intravenous (IV) therapy
- Medication management
- Tube feedings
- Diabetes teaching and support

The Continuing Care nursing team looks forward to working with you to give the best care possible for you and your family.

Because we are concerned about the health and safety of our nursing staff, please:

- › Do not smoke for at least 30 minutes before our visit.
- › Keep walkways free of ice and things that may cause a fall, such as bikes and toys.
- › Keep all pets in another part of your home while the nurse is visiting.
- › In case of bad weather, the nurse may not be able to visit. You should have a backup plan in case this happens.

Capital Health Continuing Care mission

We provide many services to help clients of all ages. Our mission is to meet the needs that will help our clients stay in their home and community for as long as possible.

Nursing service goal

We help you do as much as you can for yourself, on your own. Our services support you, your family, and informal care givers. Continuing Care services are intended to add to, not replace, help you get from your family and community.

How to contact the Continuing Care nurse

Most care is provided between 8 a.m. and 4 p.m., 7 days a week. If you cannot be home for a scheduled visit, please tell your nurse at least 24 hours before. The Continuing Care nurse may be reached by calling one of the Continuing Care offices listed below.

Musquodoboit Harbour area – 902-889-3718

Middle Musquodoboit area – 902-384-3443

Sheet Harbour area – 902-885-3272

Answering machine messages are picked up every day. Please note: Capital Health Continuing Care is **not** an emergency service.

Continuing Care toll-free number across Nova Scotia: 1-800-225-7225

If you have any questions, please ask.
We are here to help you.

Notes:

Looking for more health information?

Contact your local public library for books, videos, magazines, and other resources.
For more information go to <http://library.novascotia.ca>

*Capital Health promotes a smoke-free, vape-free, and scent-free environment.
Please do not use perfumed products. Thank you!*

Capital Health, Nova Scotia
www.cdha.nshealth.ca

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The information is not intended to be and does not constitute healthcare or medical advice.
If you have any questions, please ask your healthcare provider.