

Coral Hall



Empowering individuals to make choices, to grow and find a more satisfying life. A growth and recovery approach serving adults who have a severe and persistent mental illness.

Coral Hall

This 10 bed residential unit is located at the Nova Scotia Hospital, Dartmouth, Nova Scotia.

Coral Hall is a “Psychosocial Rehabilitation” Unit, using the “Growth and Recovery” approach and guided by the principles of PSR.

The team includes PSR Practitioners, nursing staff, psychiatrist, medical doctor, social worker, recreational therapist, occupational therapist and many volunteers. They work with clients to assist them to identify their values, explore their supports/interest in living, socializing, learning and working. The goals and skills needed to achieve a satisfying and successful community reintegration will be developed. Clients grow beyond the limitations caused by their illness.

Principles of PSR

- ★ Personal Support Network
 - ★ Strive to Improve Services
 - ★ Belief in Recovery
 - ★ Dignity and Respect
 - ★ Strength
 - ★ Quality of Life
 - ★ Choices
 - ★ Normal Community Role
- ★ Normal Community Activities
 - ★ Involvement
 - ★ Capacity to Learn and Grow
 - ★ Individualism
 - ★ Eliminate Discrimination
 - ★ Accessible Services
 - ★ Value all Cultures

The values embraced by Coral Hall

Client driven

Clients choose their goals and interests. Their practitioners will assist them in reaching these goals and interests.

Non-judgmental

Clients' values are the guiding force in the Growth and Recovery work. Their values will not be judged or questioned.

Hopeful

Growth and Recovery work is based on the belief that with the proper support and information, clients will reach their greatest potential.

Empowering

Clients choose if they want to take part in the Growth and Recovery work. They decide what their goals will be and how fast the work will proceed.



Who can benefit from Coral Hall?

The program is open to clients with a severe and persistent mental illness, who have the desire to improve their quality of life. Clients admitted to Coral Hall should be mentally and physically stable.

The Coral Hall Team will determine the program's ability to effectively meet the client's needs.

Goals of Coral Hall

- ★ To improve the client's skills.
- ★ To increase the client's quality of life.
- ★ To increase success and satisfaction.

Other Information

Coral Hall

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Thank You!
Capital Health, Nova Scotia

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