Welcome to Unit 500: Restorative, Transitional & Palliative Care
Welcome to Unit 500: Restorative, Transitional & Palliative Care
Hants Community Hospital

Unit 500 is a 10 bed restorative, transitional, and palliative care unit. Members of the Interdisciplinary Health Care Team provide care to individuals who no longer need the acute care services of Unit 200 but are not ready to be discharged.

Our goals

• To provide a safe and comfortable environment to our patients who are receiving restorative, convalescent or palliative care, or waiting for nursing home placement.

• To work with you and your family to provide the individual care you need.

• To help you to maintain and/or improve your skills and abilities so that you may be as independent as possible.

• To make sure our staff has the knowledge and skills to care for you.

• To create partnerships with nursing homes and the Department of Health for those individuals waiting to be placed in a nursing home, and to make sure the transfer is smooth and timely.
Health Care Team
We have listed the members of your health care team. This interdisciplinary team meets daily to review your care, your individual goals, and to plan for your discharge (leaving the hospital). The most important member of this team is you, the patient. You and your family are included in all aspects of your care.

Clinical leader
The clinical leader is a registered nurse who works closely with and provides support to the nursing staff and other team members. He/she is available to address any concerns and questions you or your family may have. The clinical leader is accountable and responsible for providing competent, safe, and ethical nursing care. You can reach the clinical leader on Unit 500 by calling (902) 792-2093.

Team leader
The team leader is a Licensed Practical Nurse (LPN) who works with you, your family, and other team members to coordinate your care.

Licensed practical nurse
The LPNs working on Unit 500 provide safe, competent care to their patients. These nurses have received additional education and certification in pharmacology. This allows them to deliver your medications to you.
Family doctor
Visiting the unit daily, the doctor provides medical care during your stay with us.

Physiotherapist and physiotherapy assistant
These team members provide you with treatment programs aimed at maintaining and building your strength, balance, and ability to move.

Nutritionist
The nutritionist works with you and other team members to provide good nutritional care and to take care of any nutritional concerns you might have.

Social worker
The social worker works with you and the team to assess your plan of care and goals. The social worker also provides counselling and support to you and your family. You and your family are welcome to visit the Unit and meet the staff. Please call the social worker at (902) 792-2082 or the team leader at (902) 792-2122 to arrange a visit if you wish.

Palliative care consult nurse
The palliative care consult nurse works with members of the interdisciplinary team. He/she is available to talk about end-of-life issues with palliative care patients and their families. Two rooms are dedicated on Unit 500 for the comfort of palliative care patients and family members. A family room on the Unit enables family members to remain close.
Pharmacist
The pharmacist reviews your medications with the doctor and nurse regularly. He/she is available to provide information on current and new medications your doctor orders. The pharmacist alerts the nursing staff and doctor of possible drug interactions or adverse reactions. The pharmacist will also help you learn about your medications, should you need them.

Environmental services
The unit housekeeper keeps the Unit, patient rooms, and patient lounge clean.

Spiritual care
A list of spiritual care providers is kept at the Central Registry. If you want a spiritual care provider to visit you, please tell your nurse.

TV services
Our television service provider has offered patients of Unit 500 a special rate of $50.00 per month.

Hairdressing services
Hairdressing service is available at Haliburton Place. They have graciously extended this service to Unit 500. Your nurse can make an appointment for you.

Visitation guidelines
Your family is an important part of your health care team. You and your nurse will work together to make decisions about visiting times.
Programs and activities

Certain programs and activities offered at Haliburton Place are also available to the patients on Unit 500. A monthly program calendar is posted. Please speak to your nurse if you are interested in attending any events.

On behalf of the nursing staff of Unit 500, we look forward to providing you with a positive influence that will impact your physical and social activities that are essential in making the most of your everyday life.

If you have any questions, please ask.
We are here to help you.