

2014

Veterans' Oral Health Program

**Information for Veterans
and Their Families**



Veterans' Oral Health Program



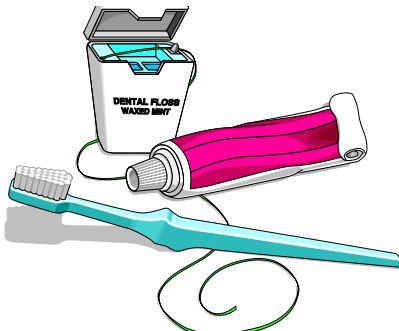
Good oral care is part of a healthy life. Performing proper daily mouth care is important to your oral health. Studies have shown that poor oral health is linked to stroke, heart disease, and different kinds of infections. It can also cause discomfort, bad breath, and difficulty chewing.

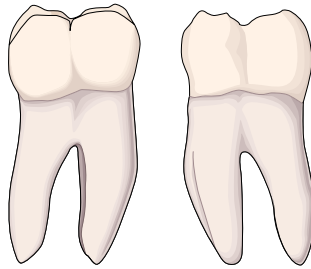
The Oral Health Program was developed to make sure that each veteran gets the best oral care. Some of the things this program includes are: oral health assessments on admission and each year, as well as regular dental check-ups. You or your family will be asked to buy some additional supplies such as toothpaste, a toothbrush, denture cleaning tablets, and a denture adhesive (such as Poly-Grip®).

Based on evidence, we may recommend a special toothbrush called the Collis Curve™ toothbrush. Please ask your nurse if you would like more information about this special toothbrush.

This is the oral care that we would like to give you:

Supplies needed:





Good oral health = Good health!

If you have any questions, please ask.
We are here to help you.

Looking for more health information?

Contact your local public library for books, videos, magazines, and other resources.
For more information go to <http://library.novascotia.ca>

*Capital Health promotes a smoke-free, vape-free, and scent-free environment.
Please do not use perfumed products. Thank you!*

Capital Health, Nova Scotia
www.cdha.nshealth.ca

Prepared by: Veterans Services

Illustrations by: LifeART Super Anatomy 6 Images, Copyright © 1994, TechPool Studios Corp. USA

Designed by: Capital Health Library Services, Patient Education Team

Printed by: Dalhousie University Print Centre

The information in this brochure is provided for informational and educational purposes only.
The information is not intended to be and does not constitute healthcare or medical advice.
If you have any questions, please ask your healthcare provider.

WT85-1024 Revised December 2014

The information in this pamphlet is to be updated every 3 years.