

# Legal Resources

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## **Nova Scotia Legal Aid**

No referral needed. Must meet financial criteria for this service. Not a resource for legal advice over the phone. Dartmouth (family) 420-8815, (criminal) 420-8818; Halifax 420-6583

## **Dalhousie Legal Aid**

Provides legal services to low-income earners. Not a resource for legal advice over the phone 423-8105

## **Nova Scotia Human Rights Commission**

Handles complaints of discrimination on grounds of a mental disability 424-4111

## **Reach Nova Scotia**

Access to justice for people with disabilities through a legal referral system. Education and information resources. No referral needed 429-5878

## **Coverdale Centre**

Courtwork services program that assists female offenders in the criminal justice system. No referral needed 422-6417

## **Elizabeth Fry Society**

Works on behalf of women in conflict with the law or at risk of being involved with the law. No referral needed 454-5041 or 1-877-619-1354

## **John Howard Society**

Programs for offenders, former offenders and youth offenders. No referral needed 423-7915 or 422-2640

## **Help Line**

A 24-hour crisis line and resource for information 421-1188

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