

General Community Resources

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Self Help Connection

All current listings of self help groups available through this resource 466-2011

MISA

Welcomes and offers support and resources for new immigrants and refugees to Canada 423-3607

Citizenship and Immigration

Call centre service 1-888-242-2100

Halifax Regional Municipality Information Line

490-4000

Cobequid Multi-Service Centre

Health and social services for persons in Sackville, Bedford and Fall River area 865-5750

North End Community Health Centre

Health needs for residents of North End Halifax 420-0303.

Nova Scotia Department of Community Services

Cole Harbour 435-7472, Dartmouth 424-3298, Halifax 424-1967, Sackville 869-3600

Parent Resource Centre

492-0133

Mi'kmaq Native Friendship Centre

For First Nations people 420-1576

Mi'kmaq Services Division, Department of Education

424-7378

Lesbian, Gay and Bisexual Youth Project

For ages 25 and under 429-5429

Stepping Stone

Street outreach program for women and men involved in prostitution or at risk
420-0103

Disabled Individuals Alliance DIAL (Halifax)

422-6888 or 543-6890.

Spencer House Seniors Centre

Activities and resources for seniors 421-6131

Dartmouth Sportsplex

464-2600

Cole Harbour Place

464-5100

Sackville Sports Stadium

869-4141

Dartmouth YMCA

469-9622

YMCA Community “Y”

Halifax North 422-9622, Metro Halifax 423-9622

YWCA Halifax

423-6162 or 423-6163

Halifax Library

490-5700

Dartmouth Library

490-5745

Sackville Library

865-8653

Help Line

421-1188. Youth Line. 420-8336. Call if in crisis or for more information on services available in the area.

Authors: Susan Charlton RN, BScN and Elizabeth Emberly RN, BScN

Approved by: Catherine Thibeault, RN, MN, PhD(c), Clinical Nurse Specialist, Acute Care
Capital District Mental Health Program, Halifax, NS

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