

While You are in the Hospital

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You are in the hospital to have your illness treated. During your stay, there will be certain expectations of you in relation to your care.

You will be expected to:

- Meet regularly with team-members to talk about your treatment plan.
- Make and take part in a daily activity schedule.
- Take part in unit activities, groups and teaching sessions.
- Keep up personal cleanliness and supply your own personal care items.
- Eat meals in the common room unless other arrangements have been made as part of your treatment plan.
- Sleep at night and be awake during the day.
- Use the passes ordered by your doctor that are based on your level of wellness. They will gradually increase your daily activity and help with the transition to home.
- Help keep the unit clean.
- Treat all patients and staff with respect.
- Respect the privacy and personal belongings of others.

If you lose control of your behavior, staff will assist you. You may be placed in the Therapeutic Quiet Room to decrease stimulation and keep you safe if you are unable to regain control.

S.Hennigar, Program Manager Inpatient & Emergency Services, Susan Charlton RN, BScN & Elizabeth Emberly RN, BScN (CDMHP, 2003)

Approved by: Catherine Thibeault, RN, MN, PhD(c), Clinical Nurse Specialist, Acute Care Capital District Mental Health Program, NS

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