

2014

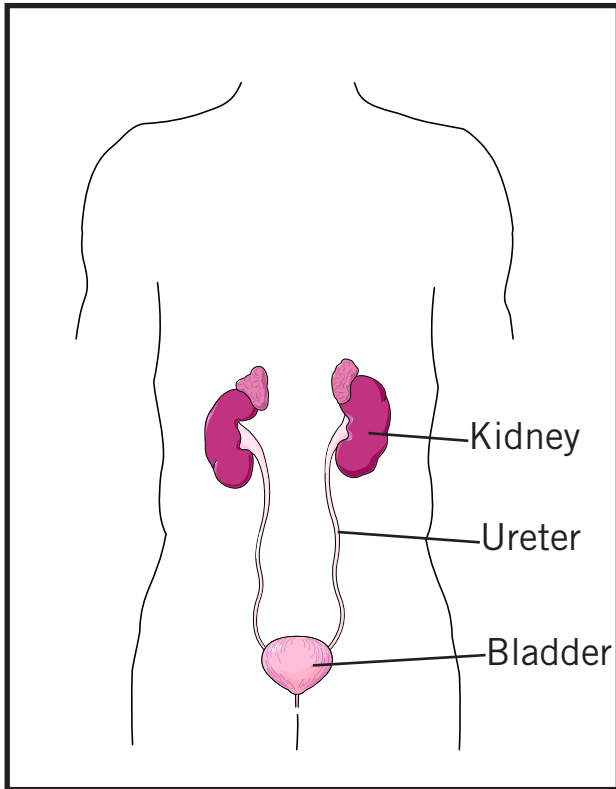
After Stent Insertion



After Stent Insertion

What is a stent insertion and why is it necessary?

Ureters are tubes that drain urine (pee) from the kidneys into the bladder. During a cystoscopy (procedure to see the inside of the bladder and urethra using a scope), a stent may be placed in the ureter. The stent is usually used to get rid of a blockage.



After surgery, you may:

- Feel the need to pass urine more often.
- Have burning when you pass urine.
- Feel like you have a urinary tract infection (this is more likely an irritation caused by the stent).
- See blood in your urine that may get worse when walking or lifting.
- Have discomfort (pain) in the kidney area.

Usually these symptoms are mild or may not happen at all. The stent is usually in place for 1 week–3 months.

Important points

- Without the stent in place, you could be in a lot of discomfort and your ureter could be at risk of being blocked.
- While the stent is in place, you may have some bleeding. Drink plenty of fluids which will help it to clear.
- Rest is important if physical activity makes your symptoms worse. Physical activity may cause you to have some blood in your urine.
- **It is very important that you have the stent taken out at some point. This will be planned by your doctor. If your stent has been in place for 3 months, call your doctor.**
- Drink 8 glasses of water every day.

Call your doctor if you have:

- Severe pain.
- A fever (greater than 38.5°C) and/or chills.

If you need to see a doctor, please contact your family doctor or go to the nearest Emergency Department unless otherwise instructed by your urologist.

**If you have any questions, please ask.
We are here to help you.**

Looking for more health information?

Contact your local public library for books, videos, magazines, and other resources.
For more information go to <http://library.novascotia.ca>

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Illustration by: LifeART Super Anatomy 1 Images, Copyright © 1994, TechPool Studios Corp. USA

Designed by: Capital Health Library Services, Patient Education Team

Printed by: Dalhousie University Print Centre

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