

2014

After Vasectomy Reversal (Vasovasostomy)

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What is a vasectomy reversal (vasovasostomy)?

A vasovasostomy is a type of vasectomy reversal procedure. It connects one end of the vas deferens (cord-like structure that carries sperm from the testicle to the urethra) to the other end to restore (bring back) fertility.

Controlling discomfort

- You will have some discomfort (pain). Take pain pills every 6 hours if needed or as told by your doctor.
- Pain pills can cause stomach irritation. It is best to take them with food.

Hygiene

- You may shower the day after your surgery.
- After showering, be careful to pat dry your scrotum. Do not rub with a towel.

Activity

- Rest on the day of and the day after your surgery.
- Avoid strenuous (hard) physical activity, exercise, or heavy lifting for at least 1 week.
- You may have sex again when the tenderness and swelling of the scrotum goes down. This is usually in about 10 days.

Care of your incision

- Your stitches will dissolve (go away) in 7-10 days.

Important points

- Semen samples are checked for sperm count 6 weeks after surgery.
- Usually a doctor will call you and make this appointment for the sperm count. If you live far away from the hospital, you should plan this with your family doctor. The results can be faxed to your urologist.

Call your doctor if you have:

- Excessive bleeding
- Swelling
- Redness
- Severe discomfort (you are in a lot of pain)

If you need to see a doctor, please contact your family doctor or go to the nearest Emergency Department unless otherwise instructed by your Urologist.

If you have any questions, please ask.
We are here to help you.

Notes:

Looking for more health information?

Contact your local public library for books, videos, magazines, and other resources.
For more information go to <http://library.novascotia.ca>

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