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The information in this brochure is provided for information and education purposes only. The information is not intended to be and does not constitute healthcare or medical advice. If you have any questions, please ask your healthcare provider.

WG85-0518 Rev.05/2011
The information in this pamphlet is to be updated every 3 years.
Heart Function Clinic
Room 2280, 2nd floor, Halifax Infirmary, Robie Street Entrance, Halifax, Nova Scotia
Tel (902) 473-3802
Fax (902) 473-8598

Appointment ______________________________________
Please call 473-3802 to confirm or cancel when you receive your appointment time.

You have been given an appointment to attend the Heart Function Clinic. Plan to be at the Clinic for 2 hours on your first visit to the Clinic. Please bring all your medications in their original bottles to your appointment.

A requisition for blood work has been sent to you with your appointment. You may have the blood test done at a lab of your choice 2-3 days before your appointment. You will need to fast.

Heart failure is a chronic illness, which causes a back up of fluid in the body. People with heart failure may have shortness of breath, weight gain, ankle swelling, fatigue, low energy and abdominal bloating.
Purpose of the Heart Function Clinic

• To improve the quality of your life.
• To decrease your admissions to the hospital.
• If you need to be admitted to hospital, your length of stay may be shortened.

Who will be involved in your care?

• you, your family and friends
• nurses
• cardiologists
• family doctor
• secretary
• medical and nursing students may be involved from time to time.
• social workers, dieticians, pharmacists, psychologists and diabetes care managers are consulted as needed

What the Clinic has to offer

We will:

• help you to make healthier lifestyle choices to improve the quality of your life
• monitor the symptoms of your illness
• determine what further tests you will need to give the best care
• make adjustments to your medications depending on your symptoms and changes in your condition
• help you learn how to carefully monitor your symptoms
• provide you with information about how to get medical help when you need it

It is important to take your medications as prescribed. Follow-up appointments are needed to monitor your condition and make any changes in your medications.

The Clinic operates from 8:00 am - 4:00 pm, Monday - Friday. If you have any questions, concerns, and/or problems, call the Heart Function Clinic at 473-3802. If you have any problems after the Clinic has closed, you should contact your family doctor or go to your nearest Emergency Department.
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