

2014

After Catheter Removal



After Catheter Removal

Your catheter (tube) was removed from your bladder today. The following information will help you care for yourself.

Common problems after a catheter is removed:

- Burning and/or stinging when you pass urine (pee). This will get better.
- You may have to pass urine very often for the first few days. This will also get better.
- You may see a little blood:
 - › At the start of your stream
 - › Throughout your stream
 - › At the end of your stream

This will get better but please tell your nurse about it.

- You may find that you have to go to the bathroom very quickly and cannot make it to the bathroom or be able to fill a container in time. Again, this should only be a problem for a short time.
- You may not be able to control your urine and you may dribble. This will also get better unless you had this problem before the catheter was put in.

How can I help myself?

- Drink lots of fluids (tea, coffee, juice, or water). Try to drink 1 glass every hour from now until bedtime.
- Save your urine in a urinal or “hat” so the nurse can measure it. Call the nurse after you pass your urine so he/she will know how much you make at one time and how often you are passing your urine.

If you need to see a doctor, please contact your family doctor or go to the nearest Emergency Department unless otherwise instructed by your Urologist.

Notes:

If you have any questions, please ask.
We are here to help you.

Looking for more health information?

Contact your local public library for books, videos, magazines, and other resources.
For more information go to <http://library.novascotia.ca>

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The information is not intended to be and does not constitute healthcare or medical advice.
If you have any questions, please ask your healthcare provider.

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The information in this pamphlet is to be updated every 3 years.